

JUDO

TEAM LEADERS' TECHNICAL MANUAL



www.minsk2019.by
Foundation "Directorate of
the 2nd European Games 2019"

**BRIGHT
YEAR,
BRIGHT
YOU!**

Час ярких
побед!

Время
ярких побед!

DISCLAIMER

All information in this Manual was correct at the time of going to press. Changes to schedules, procedures, facilities and services, along with any other essential updates, will be communicated to teams by competition management if required. Changes to the competition schedule will also appear on the Games-time Website, while any changes to the training schedule will be communicated by the Sport Entries & Sport Information Centre (hereinafter – SIC) in the Athletes' Village (hereinafter – AVL) and Sport Information Desk (hereinafter – SID) in CHIZHOVKA Arena, which is the Venue for Judo.



WELCOME

The 2nd European Games MINSK 2019 (MINSK 2019) will welcome 4,000 athletes, 2,000 supporting team officials and about 1,000 technical officials from across Europe to participate in an elite-level sport competition.

We aim to provide all participants with optimal conditions so that they are able to perform at their best. This Manual will help with preparations and Games-time operations as it provides key information including the relevant competition rules and format, medal events, competition schedule and key dates. Each client group – athletes, team officials – also has their own dedicated section within the Manual that includes the information that is relevant to it.

The Manual also includes details of the relevant venue, medical, anti-doping, training and competition related services, as well as the key policies and procedures that will be in place during the Games for each client group.

We hope that this Manual helps with your planning in the time remaining before MINSK 2019. Hard copies of this Manual will be provided to each client group upon arrival in Minsk.

We look forward to welcoming you in Minsk for 10 days of competition that puts sport first and supports tradition for the next editions of the European Games.

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1. GENERAL INFORMATION



1. GENERAL INFORMATION

The Judo competition at MINSK 2019 will be held from 22 to 25 June 2019 at CHIZHOVKA Arena in Minsk.

The total quota in the Judo competitions is 400 athletes, including 228 men, 160 women and 12 Universality Places.

According to the International Judo Federation (IJF) Qualification System for 2020 Summer Olympics the IJF World Ranking List (WRL) is the exclusive pathway of qualification. IJF WRL points will be awarded to athletes for Individual events of MINSK 2019 in the same value as for the Continental (European) Judo Championships.

IJF Qualification System for Mixed Team Event of Tokyo 2020 is considering exclusively for the athletes qualified for Individual events. The IJF Mixed Team WRL will be used for seeding in 2020 Summer Olympics. For Mixed Team Event of MINSK 2019 the national mixed teams will be awarded IJF WRL points in the same value as for the Continental (European) Mixed Team Championships.

1.1. Key Dates

Date	Event
20 May 2019 (by 23:59 CET)	Sport Entries Submission Deadline
18 June 2019	AVL Official Opening
19 June 2019	Arrival Day
20 – 21 June 2019	Official Training
21 June 2019	Draw of the Judo Competition
21 June 2019	MINSK 2019 Opening Ceremony
21 – 24 June 2019	Official Weigh-In
22 June 2019	Start of the Judo Competition



25 June 2019	End of the Judo Competition
27 June 2019	Departure Day
30 June 2019	MINSK 2019 Closing Ceremony
3 July 2019	AVL Official Closing

1.2. MINSK 2019 European Games Organising Committee (MEGOC) Competition Management

Competition Management	
Position	Name
Judo Competition Manager	Maksim SATSUK
Judo Venue Manager	Oleg KUCHMASOV

1.3. European Judo Union (EJU)

Position	Name	NOC Code
EJU President	Sergey SOLOVEYCHIK	RUS
EJU Secretary General	Ezio GAMBA	ITA
EJU Technical Delegate	Michal VACHUN	CZE

1.4. International Technical Officials (ITOs)

European Judo Union has appointed and approved all ITOs. The name list will be provided at a later stage.

The total number of ITOs is 40.



ITOs	
Sport Directors	4
Refereeing Director	1
Refereeing Commission	3
Judogi Control Director	1
Protocol Director	1
Event Presentation Coordinator	1
Entertainment Coordinator	1
Media Officer	1
TV & Venue Production Coordinator	1
Medical Commission Officer	1
Venue Announcer	1
IT Support Refereeing Commission	1
IT Director	1
Computer Team Operators	2
Head Office Director	1
Presidential Office Director	1
Referees	18

1.5. National Technical Officials (NTOs)

The Belarusian Judo Federation in cooperation with MEGOC has appointed all NTOs. The name list will be provided at a later stage.

The total number of NTOs is 52.

NTOs	
Judogi Control	9
Reserve Judogi Control	1



Floor Manager	1
Athletes Escorts Coordinators	4
Weight-In Officials	10
Warming-Up Area Supervisors	2
IT Manager	1
Scoreboard Operators	6
Camera Operators	12
Venue Announcer Local Language	1
Referees Assistant	1
Sport Information Desk Judges (SID)	4

1.6. Medal Events

The Judo competition will consist of 15 Medal events summarised below:

Men's Events (7)	Women's Events (7)
Extra-light weight (-60kg)	Extra-light weight (-48kg)
Half-light weight (-66kg)	Half-light weight (-52kg)
Light weight (-73kg)	Light weight (-57kg)
Half-middle weight (-81kg)	Half-middle weight (-63kg)
Middle weight (-90kg)	Middle weight (-70kg)
Half-heavy weight (-100kg)	Half-heavy weight (-78kg)
Heavy weight (+100kg)	Heavy weight (+78kg)
Mixed Team Event (1)	
6 mixed team categories, 3 men and 3 women	
-57kg women, -73kg men, -70kg women, -90kg men, +70kg women, +90kg men	



1.7. Competition Format

Seeding at the draw will be done according to the IJF World Ranking List (WRL) as of 27 May 2019, after the Grand Prix in Hohhot, China.

The competition will be held using Quarter Final Repechage System. The athletes will be divided into two (2) tables at the competition draw. All Medal events will be run in an Elimination format, with Repechage beginning at the Quarter Finals stage. An Elimination system will be used to produce two (2) finalists who will compete for the Gold Medal.

The four (4) athletes defeated in the Quarter Finals will compete in two (2) Repechage contests. The winners will each compete for a Bronze Medal match against the loser of the Semi-Final contest from the opposite table. The winners of these contests will each be awarded Bronze Medals, the losers will be awarded joint fifth place, and the losers of the two (2) Repechage contests will be awarded joint seventh place.

NOC who has qualified in total six (6) athletes (3 women and 3 men) for Individual events in the following Mixed Team (group) categories fulfils the qualification criteria for the Mixed Team Event:

Women's-57kg (-48kg,-52kg,-57kg)

Men's-73kg (-60kg,-66kg,-73kg)

Women's-70kg (-57kg,-63kg,-70kg)

Men's-90kg (-73kg,-81kg,-90kg)

Women's +70kg (-70kg,-78kg, +78 kg)

Men's +90kg (-90kg,-100kg, +100kg)

If injuries or illnesses occur during the competition a team can compete with a minimum of four (4) athletes. Each team has the possibility to have up to six (6) reserves (three (3) women and three (3) men) from athletes qualified in the Individual events in relevant weight categories. A total of 12 athletes can be inscribed with a maximum of two (2) athletes per category.

There is no limit of total Quota Places for the Mixed Team Event.

The Mixed Team competition will be held using the Quarter Final Repechage



System. The four (4) highest ranking teams from the IJF Mixed Team WRL will be seeded.

1.8. Competition Rules

The Judo competition will be held in accordance with the International Judo Federation (IJF) Rules that are in force at the time of the Games. The rules are available on the IJF's official website www.ijf.org.

1.8.1. Duration and Scoring

The duration of each contest will be four (4) minutes for men and four (4) minutes for women. The contest shall be conducted by one (1) Referee and two (2) Judges of differing nationalities from the competing athletes. The Referee stands on the tatami with a radio communication system that is connected with the two (2) Judges at the mat table; the Judges will assist with the system under supervision of the Refereeing Commission.

They will be assisted through the Computer-aided Replay (CARE) system. There are two (2) scores in Judo: Waza-ari and Ippon. During the contest, three (3) penalties can be awarded to competing athletes.

The first two (2) penalties (Shido) will be followed by the last one, Hansoku-Make. In other words, two (2) warnings can be given to competitors in Judo, after which an immediate disqualification occurs with the third penalty. Shidos do not give points to the other contestant. Only technical scores can give points on the scoreboard.

When both opponents have no technical score, or the technical scores are equal at the end of the regular contest time, the contest shall continue in Golden Score regardless the number of shido given. Golden Score can only be won by a technical score (Waza-ari or Ippon) or Hansoku-make (direct or by accumulative Shido). There is no time limit for Golden Score.

Mixed teams: The first team reaching the majority of wins is declared the winner (this is four (4) wins). The remaining contests will not be fought. If there



an equal number of wins (this is 3:3) at the end of the match, a draw is done from all categories regardless if the team has a player or not. The athletes in the drawn category will refight a Golden Score contest.

1.8.2. Clothing and Equipment

The competitor called first has to wear a white Judogi and the second a blue Judogi.

All athletes must compete in IJF Approved Judogi (red label). For the complete list of suppliers offering IJF Approved Judogi see the Official Supplier List available on www.ijf.org.

Clothing and equipment used by athletes and other participants in the Judo competition must comply with the following documents:

- The current IJF Judogi Rules (see IJF Sport and Organisation Rules – Appendix C);
- EJU Judogi Rules – European Games MINSK 2019, available at www.eju.net);
- MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines, available on the MINSK 2019 NOC EXTRANET (www.extranet.minsk2019.by).

In the case if the current IJF Judogi Rules contradict with the MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines, the MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines will be prevailing.

1.9. MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines.

The following Rules for the European Games are based on Rule 50 of the Olympic Charter. IOC Rule 50 will apply in conjunction with the IOC Guidelines issued and in force at the 2016 Olympic Games:

- The European Olympic Committees (EOC) determine the principles and conditions under which any form of advertising or other publicity may be authorised;



- No use of any Identification of the Manufacturer may be made in a conspicuous way and no form of advertising or other publicity shall be allowed in and above the stadia, venues and other competition areas which are considered as part of the European Games sites other than that relating to the contractual rights of the marketing partners of MINSK 2019;
- No kind of demonstration of political, religious or racial propaganda is permitted at any of the European Games sites, venues or other areas;
No identification other than an Authorised Identification may appear on any item;
- Only one Identification of the Manufacturer per item shall be permitted;
- These rules and any other manuals, guides, guidelines or any other instructions issued by the EOC apply to all persons holding accreditation for the Games and are a pre-condition to the ongoing validity of that accreditation.

1.9.1. Manufacturer's Identification on Equipment and Clothing

Definition: 'Manufacturer's Identification' means the normal display of the name, designation, trademark or logo. The Manufacturer's Identification can only appear once on each piece. The standard graphic elements recognised by the WFSGI, e.g. 'adidas' three stripes may also be used within reason and subject to prior written agreement. Other identifications such as 'Goretex' and 'Dryfit' may also be used within reason subject to prior written agreement. The size of these may not be larger than the Manufacturer's Identification.

All approvals must be requested via brand@minsk2019.by till 20 May 2019.

- Other than the Manufacturer's Identification, produced according to the size guidelines shown below, and the standard graphic elements no form of publicity or propaganda, commercial or otherwise, may appear on persons or on any article of clothing or equipment worn or used by the athletes or other participants at MINSK 2019. It also includes, but is not limited to, for example, any form of body art, jewellery or contact lenses;
- Equipment: any Manufacturer's Identification used cannot take up more than 10% of the surface area of the equipment visible during competition up to a



a maximum size of 60cm². Exceptions may apply, subject to prior written agreement (brand@minsk2019.by);

- Headgear and socks: the maximum size of the Manufacturer's Identification allowed on any form of headgear and socks is 10cm². Headgear includes, but is not limited to hats, helmets, sunglasses and goggles;
- Armbands: one Identification of the Manufacturer per item, with a maximum size of 6cm²;
- Gloves: one Identification of the Manufacturer per item, with a maximum size of 8cm²;
- Clothing (e.g. NOC uniforms, competition clothing, tracksuits, T-shirts, shorts, sweat tops and sweat pants): the maximum size allowed for any Manufacturer's Identification on clothing is 30cm²;
- There is one exception: where a one-piece body suit is worn in competition, two Manufacturer's Identifications may be included – one above the waist and one below. These Identifications must not be placed next to each other;
- Shoes: the normal distinctive design pattern of the manufacturer may appear on shoes. The manufacturer's name and/or logo may also appear, up to a maximum size of 6cm², either as a part of the normal distinctive design pattern or separate to it;
- Technical gear: the maximum size of the Manufacturer's Identification on all technical gear, installations and other apparatus, which are neither worn nor used by athletes or other participants (for example, timing equipment and scoreboards), may be no larger than 1/10th of the height of the piece with a maximum of up to 10cm high, and no more than 10% of the surface space if otherwise is not approved by MEGOC and the EOC;
- In case of special rules adopted by IJF/EJU, exceptions to the rules mentioned above may be approved by the EOC;
- Any violation of these rules may result in disqualification or withdrawal of the accreditation of the person concerned. The decisions of the EOC regarding this matter shall be final.



1.9.2. NOC Uniforms

The official uniforms of the NOCs may include:

- Symbols of the country (name of the country, national flag, emblem, etc.);
- Emblem of the NOC incorporating the Olympic rings where approved by the IOC;
- MINSK 2019 Logo;
- Emblem of the respective National Sport Federation (on competition kit only where permitted by the NOC).

The NOCs are requested to bring a sample of the competition uniform to the Technical Meeting of each sport for final check in order to avoid any problems on the Field of Play (FoP).

NOCs should seek prior written approval from MEGOC for their uniforms before production begins. Pictures featuring the branding should be sent to brand@minsk2019.by for review and official approval.

1.9.3. Athlete Conduct

During MINSK 2019 Athletes' ongoing accreditation is conditional upon them not:

- Taking any sport equipment and/or national flag onto the podium and/or wearing sunglasses and headdresses during a Medal Ceremony;
- Making any kind of demonstration or promote political, religious or racial propaganda in any European Games Venue or associated areas during the period of the Games.

1.10. Late Athlete Replacement Policy (LAR)

The deadline for Sport Entries of participating athletes for MINSK 2019 is 20 May 2019.



However, where urgent medical problems arise, or in other exceptional circumstances that are assessed on a case-by-case basis, the EOC may permit permanent replacement of one athlete with another only in the same sport, discipline and event.

The NOC of the replacement athlete had successfully applied for accreditation of the athlete prior to 28 February 2019 (accreditation application deadline). As such, the replacement athlete was registered for MINSK 2019 in the NOC's Accreditation Long List.

During MINSK 2019, it is the policy of the EOC that P-accreditations are not available.

Replacement of an athlete can only occur after consultation with the relevant International Federation (IF) and/or European Federation (EF) and, when deemed necessary, by the EOC, an EOC medical expert.

All documentation and queries regarding this matter should be sent by email or submitted in person to the MEGOC Sport Entries department:

- In AVL – SIC;
- By email: entries@minsk2019.by.

The MEGOC Sport Entries Office will forward all received queries to the MEGOC Accreditation team and to the EOC accordingly.

For Non-Medical replacements, in order to keep changes to a manageable level and to support a sustainable level of resourcing within the MEGOC Sport Entries team, a limit on changes to a NOC delegation has been put in place.

Each NOC shall be allocated a quota for Non-Medical replacements based upon NOC overall number of athletes:

Number of Athletes	Quota for Non-Medical LAR
From 1 to 10	1
From 11 to 20	2
From 21 to 50	5



From 51 to 100	10
From 101 to 150	15
From 151+	20

The LAR policy is only applicable for those sports/disciplines in which the quota place allocated to the NOC.

The LAR policy is not applicable to athlete nominative sport including Judo.

In case of an injury, if the quota place is allocated to the athlete(s) by name and may not be changed by the NOC, the quota place will be reallocated. EJU with MEGOC will reallocate quota places of injured athletes according to the reserve list established by EJU.

The deadline for this reallocation is 20 June 2019.

1.11. Doping Control

MEGOC is committed to delivering a world-class Doping Control Programme during MINSK 2019. Under the authority and direction of the EOC, the MEGOC Doping Control Programme will ensure the integrity of sport is upheld and protect the rights and health of the athletes. The IJF Anti-Doping Rules will be respected.

The EOC Medical & Anti-Doping Commission in collaboration with EJU is responsible for determining in advance the distribution and number of Doping Controls to be carried out throughout the Games period.

The EOC has the authority to test athletes for substances and doping methods (both urine and blood) prohibited by the World Anti-Doping Agency (WADA) anytime and anywhere from the date of arrival in AVL and up to the end of competition.

All analyses of samples will be performed at the WADA-accredited laboratory in Seibersdorf, Austria.



The selection of athletes may be targeted, random, based on the Athletes' final position in competition as well as intelligence or the IJF Anti-Doping Rules.

MEGOC has appointed the National Anti-Doping Agency of Belarus (NADA) as the operational delivery partner for the Doping Control Programme. As the operational delivery partner, it will be responsible for sample collection, secure chain of custody and analysis at the WADA-accredited laboratory.

Further details on the Doping Control Programme and procedures at the European Games are available in the MINSK 2019 Doping Control Guide. Printed copies of the Guide will be distributed at the EOC Medical Commission Meeting.

If medical staff arrive after the due date, copies of the Guide can be collected at the AVL Polyclinic.

Athletes selected for Doping Control will be notified in person and escorted to Doping Control Station (DCS) by a Doping Control chaperone as soon as possible after the former have finished competing. It is the responsibility of the athlete to remain under continuous observation of the Doping Control chaperone after notification. The notified athlete may invite a team representative or team doctor to DCS along with them.

1.12. Sport Information

1.12.1. Sport Entries & Sport Information Centre (SIC) and Sport Information Desk (SID)

SID is located at the Venue in CHIZHOVKA Arena. SIC is located in AVL and open to Chefs de Mission, Deputy Chefs de Mission (Ac), Team Leaders and Team Officials (Ao). SIC is not open to athletes (Aa).

The desks will provide a variety of services to NOCs as follows:

- Provision of specific sport information;
- Distribution of start lists, draw lists and results;



- Provision of training schedule information;
- Provision of sport specific requirements.

SIC will be located on the 1st floor of Residential Building 2 in AVL.

The operating hours are as follows:

SIC Operating Hours	
Period	Operating Hours
Pre-Opening: from 15 to 17 June 2019	08:00 – 20:00
Official Opening Period: from 18 June to 2 July 2019	07:00 – 22:00
Official Closing: 3 July 2019	08:00 – 12:00

SID operating hours at CHIZHOVKA Arena are as follows:

Period	Operating Hours
20 June 2019	09:00 – 19:00
21 June 2019	09:00 – 19:00
22 June 2019	08:30 – 20:00
23 June 2019	08:30 – 20:00
24 June 2019	08:30 – 20:00
25 June 2019	08:30 – 20:00

1.13. Competition Schedule

During the Games there may be delays, postponements or cancellations of competition. Should this occur, NOCs will be informed of the revised



Competition Schedule through SIC in AVL and SID at the Competition Venue.

For details on both, please refer to article 1.12.1. Changes will also appear on the Games-time website at www.minsk2019.by.

For detailed information, please refer to Appendix 1.





2. VENUE INFORMATION



2. VENUE INFORMATION

2.1. Key Information

The Judo competition will be held at CHIZHOVKA Arena, which was built to host the 2014 Ice Hockey World Championships. CHIZHOVKA Arena is located in the south of Minsk and has a capacity for 7,900 spectators for Judo at MINSK 2019.

Along with the Judo competition, the Venue will also host the Karate competition at MINSK 2019.

Distance from AVL is 16km. Travel time is 27 minutes.

Venue address:

CHIZHOVKA Arena

Tashkentskaya Street, 19-2,

220077 Minsk, Belarus

2.2. Venue Access

Direct access from AVL to CHIZHOVKA Arena will be available on training and competition days. This will be performed via the T-A System. Athlete load zones are located in AVL and the drop-off point for athletes is on the Venue territory.

Athletes are to arrive at the Venue according to the Competition and Training Schedule.

Athletes who are not competing or training may watch the event from the Athletes' area in the spectators' stands. Volunteers will help to guide athletes to the stands from the Venue drop-off point.

2.3. Field of Play (FoP)

The Venue will contain three (3) tatamis for competitions.

The competition area shall be divided into two (2) zones. The inner area is the



contest area and measures between 10x10m. The area outside the contest area is the safety area and must be at least 4m wide on all sides. The contest area will be of a different colour from the safety area and must maintain sufficient contrast. The recommended colours that have been approved by EJU are red for the safety area and yellow for the contest area.

2.4. Venue Facilities and Services

2.4.1. Athletes' Changing Rooms

Six (6) changing rooms, three (3) for men and three (3) for women, are available and include showers, toilets and changing areas.

2.4.2. Athletes' Lounge

A lounge for athletes and their support staff is located in the back-of-house area on level 1 of the Venue building. Every Competition Venue will offer a refreshments station.

2.4.3. Mixed Zone and Interview Zone

The Mixed Zone will be located in the corridor near the entry to FoP, with the Interview Zone adjacent to it.

2.4.4. Call Room & Judogi Control Area

The Call Room & Judogi Control Area will be located in the corridor close to the entry to FoP.

2.4.5. Catering Services

Athlete Refreshments Station

Every Competition Venue and Training Site will offer a refreshments station within its Athletes' Lounge, from the first to the final day of competition/training (except for 3x3 Basketball Training Site, where only still water will be available;



food will be provided in the Main Dining Hall).

This service will operate:

- 90 minutes before the start of the first competition session until one (1) hour after the end of the last competition session;
- 30 minutes before the start of the first training session until 30 minutes after the end of the last training session.

All beverages and snacks will be self-served with the station monitored and regularly replenished by catering staff.

The refreshments station will include:

- Tea and coffee;
- Whole fruit (bananas, apples and oranges);
- Quality biscuits (packaged);
- Granola bars (nutri-grain bars or similar);
- Snacks and sandwiches;
- Still water (chilled and ambient) – 500ml;
- Soft drinks – 500ml;
- Sports drinks (varieties) – 500ml.

2.4.6. Doping Control Station (DCS)

DCS at CHIZHOVKA Arena is located on level 1 in rooms C-101, C-102 and D-142. Access will be controlled by the Doping Control team.

Sealed drinks will be available to athletes at DCS.

In order to protect the athlete's privacy, access to DCS is restricted to the following: athlete, the athlete's representative, an interpreter (if required), and Doping Control personnel, unless otherwise approved by the Doping Control Officer (DCO). Additional personnel requesting access may include an IF or EF representative, a member of the EOC Medical & Anti-Doping Commission,



MEGOC Medical & Anti-Doping team or a WADA observer. These personnel are required to present the DCO with adequate identification and arrival at DCS. Members of the media are not allowed entry to DCS at any time.

2.4.7. EJU Meeting Room and President's Office

EJU Meeting room will be located on level 2 of the Venue. The room will be in public area however the access for spectators will not be available due to separate entrance and exit.

EJU President's office is a room that has a private entrance unavailable to the audience. The room is located near EJU Meeting room and will be equipped with facilities for negotiating.

2.4.8. Language Services (LANS)

Language Services (LANS) volunteers with strong language skills will be selected and trained to take the role of LANS assistants and provide language support at all Competition venues as well as some Non-Competition venues.

Different European languages will be available, but each pool of LANS assistants will always include volunteers able to work with the combination of English and Russian.

2.4.9. Lost and Found

All reports of lost items at CHIZHOVKA Arena should be directed to SID. This is also the location where all found items should be delivered. Items will be kept at the Venue until the end of the Karate competition, at which point they will be transferred to SIC in AVL.

2.4.10. Medical Services and Facilities

Medical services will be provided at Competition venues, Training sites and Non-Competition venues, as well as at the AVL Polyclinic and designated MINSK 2019 hospitals.



Emergency medical services for athletes and team officials will be available at each Competition and Non-Competition Venue free of charge.

Medical services at the Competition venues will generally be available two (2) hours before the start of competition/training and until one (1) hour after the competition/training ends.

Athletes injured on FoP during competition or training will be evaluated on site. If necessary, they will be evacuated from FoP to the Athlete Medical Room, AVL Polyclinic or any of MINSK 2019 hospitals, as appropriate.

FoP response will abide by the IJF Rules. The access of the FoP Recovery team to FoP will be agreed upon with the Chief Judge/Referee.

The following medical services will be provided at the Competition venues:

- FoP Recovery teams, each staffed with at least one (1) Physician and one (1) Nurse or Paramedic;
- Athlete Medical Room staffed with one (1) Physician and one (1) Nurse;
- Ground ambulances equipped with Advance Life Support equipment and staffed with trained medical personnel.

All medical encounters will be properly recorded in the electronic Medical Encounters System, utilised by MEGOC.

All details on the Games-time medical services will be available in MINSK 2019 Medical, Doping Control & Pharmacy Guides. Printed copies of the Guides will be distributed at the EOC Medical Commission Meeting (Games-time). If medical staff arrives after this meeting, copies of the Guide can be picked up at the AVL Polyclinic reception.

In addition, the MEGOC Medical team will arrange a meeting for NOC team physicians and medical personnel at each Competition Venue before the start of competition.

2.4.11. Scales

Test scales will be available to athletes to check their weight. One (1) scale for



women and one (1) for men in separate rooms will be provided in the AVL Polyclinic from 19 June 2019 (arrival day) until 24 June 2019 (last official weigh-in). The test scales will be accessible daily from 08:00 – 22:00. The test scales for women and men will be available in the venue on training and competition days. All scales will be calibrated daily.

2.4.12. Sport Information Desk (SID)

SID will be located at CHIZHOVKA Arena, next to FoP.

For more details, please refer to article 1.12.1.

2.4.13. Warm-Up Area

The Warm-Up Area is located in CHIZHOVKA Arena. There will be a total of eight (8) warm-up tatamis and conditions will be similar to those on FoP.

2.4.14. Venue Evacuation and Emergency Procedures

In case of emergency a public announcement message providing instructions will be broadcast within the Venue. On hearing the evacuation message, officials and guests are asked to follow the direction of MEGOC workforce and leave the Venue via indicated routes.

2.5. Weather Information

For sports that are directly impacted by weather conditions information will be available at SIC in AVL and SID at the Venue. This will include forecast for the current day as well as summary forecast for up to three (3) days in advance. The weather forecast will be regional and will be updated throughout the day as required.

Meteorological Elements in June	Minsk
Mean Temperature (°C)	17.3



Maximum Mean Temperature (°C)	22.5
Minimum Mean Temperature (°C)	12.6
Mean Wind Speed (m/s)	1.3
Maximum Wind Speed (m/s)	4.9
Prevailing Wind	North-West
Monthly Precipitation (mm)	82.9





3. ATHLETES' INFORMATION. FREQUENTLY ASKED QUESTIONS



3. ATHLETES' INFORMATION. FREQUENTLY ASKED QUESTIONS

3.1. Essential Information and Emergencies

What is the phone number to dial in an emergency?

In case of emergency within MINSK 2019 Competition and Non-Competition venues, including AVL, athletes and officials are asked to contact the nearest MINSK 2019 representative directly for the most efficient assistance.

In case of emergency outside of MINSK 2019 Competition and Non-Competition venues, including AVL, officials and guests are asked to use the following phone numbers:

- "112" general Crisis Centre (Fire emergency, Police and Ambulance);
- "101" Fire Emergency;
- "102" Police;
- "103" Ambulance.

If the caller does not speak Belarusian or Russian, the Emergency dispatcher will connect the caller to English-speaking Emergency Services personnel.

What languages are most commonly spoken?

State languages are Belarusian and Russian. The official language of MINSK 2019 will be English.

How can I get medical treatment?

There will be a Polyclinic in AVL and medical services will be provided at all Competition and Non-Competition venues (see article 2.4.9). These services will be backed up by services at the designated MINSK 2019 hospitals and will include treatment of acute illnesses and injuries or acute exacerbations of pre-existing illnesses and injuries.



The operating hours of the AVL Polyclinic are as follows:

Period	Operational hours
15 – 17 June 2019	08:00 – 20:00
18 June – 2 July 2019	07:00 – 23:00
3 July 2019	08:00 – 12:00

Emergency medical services will be provided by the ambulance crew 24/7 within the perimeter of AVL.

NB: To arrange an appointment for specialised diagnostic and/or treatment services at any of the MINSK 2019 hospitals, please first refer to the AVL Polyclinic.

Where can I report an item lost or found?

In AVL all found items and reports of lost items should be delivered to the nearest Resident Centre. Items will be stored at the Resident Centre until the end of the day and afterwards be transferred to one of the Resident Centres operating on a 24-hour basis.

For information on lost and found services at Competition venues and Training sites, please refer to article 2.4.9.

How can I use services of an interpreter?

MEGOC LANS team members will provide interpretation services at the Competition venues and in AVL.

How do I make an international telephone call via landline?

In order to make a call abroad from Belarus, dial "8 – (signal) – 10", then the relevant country code and telephone number.



What currency is used in Belarus?

The currency in Belarus is the Belarusian Ruble (BYN). One hundred kopeks equals one ruble and ruble notes come in 5, 10, 20, 50, 100, 200 and 500 denominations.

ATMs will be available in AVL.

3.2. Accreditation

What should I do if my Pre-Valid Card (PVC) or European Games Identity and Accreditation Card (EGIAC) is lost, stolen or damaged?

MINSK 2019 Accreditation team should be immediately informed via email (accreditation@minsk2019.by) if any PVC is lost, stolen or damaged before entering the Republic of Belarus. In this case, the applicant may enter the Republic of Belarus only by air through the National Airport Minsk (MSQ). The PVC will be reissued. The applicant has to present the valid document used for registration in MINSK 2019 Online Accreditation System before passing the border control.

MINSK 2019 Accreditation team should be immediately informed by EGIAC holder if the EGIAC is lost, stolen or damaged. The card will be reissued on presentation of a request for accreditation card replacement from the bearer and of the valid document that was used for registration in MINSK 2019 Online Accreditation System.

3.3. Transport

What services are provided by the T-A System?

A range of services will be provided for connections between Competition venues and AVL.

For further information, please refer to article 6.2.2.



Is Minsk Public Transport System free?

Free access to the MINSK 2019 Public Transport System (metro, city rail, bus, trolleybus and tram lines) will be granted to all accredited MINSK 2019 participants (see article 6.2.4).

Which side of the road should I drive on?

In Minsk you must drive on the right-hand side of the road. Cycling training on any roads within Minsk and Belarus will not be permitted, except the designated cycle path along Pobeditelei Avenue.

3.4. Athletes' Village (AVL)

AVL will be used in order to accommodate the athletes and team officials participating in MINSK 2019.

The residential area in AVL includes rooms that will provide comfortable environments for athletes and officials during their time in Belarus. All menus are developed in cooperation with caterers and sport nutritionists and will offer a diverse range of nutritious European food options. A number of recreation facilities (incl. Track and Field stadium) as well as efficient transport services to both Competition venues and Training sites will be available to AVL residents.

Alcohol and Smoking

AVL is a non-smoking Venue. Smoking is strictly forbidden within any buildings. A limited number of outside smoking areas will be available throughout AVL and will be clearly marked. Please note that consumption of alcohol and alcoholic beverages is strictly prohibited within AVL.

Internet Access

There will be free Wi-Fi available to all residents allowing them to access internet spots in all spaces.



Where can I find the nearest place of worship?

There will be a Multi-Faith Centre in AVL. The Centre will be open from 07:00 to 23:00 during the official opening period.

Laundry

Each residential building will have free-of-charge serviced laundry facilities available to all AVL residents. Operating hours are from 07:00 to 23:00 daily. Residents are requested to use the laundry in the same residential building. This will allow an even distribution of demand across AVL and result in a more efficient service for all residents. All residents will be supplied with two (2) laundry bags – one (1) for white and one (1) for coloured items of clothing. Residents will be responsible for ensuring that appropriate colours are placed in the appropriate bag. Service time is as follows:

- Laundry delivered from 07:00 to 12:00 will be available for pick-up after 18:00 the same day;
- Laundry delivered after 12:00 will be available for collection after 12:00 the following day.

Laundry will be washed and dried but will not be folded or ironed. Irons and ironing boards will be available to residents at each of the nine (9) Resident Centres.

AVL Zones

AVL consists of two (2) zones: the Residential Zone and the Operation Zone. Athletes and team officials will have access only to the Residential Zone. The Operation Zone is the area providing support services for the effective operation of AVL.

The Flag Square is a hub of activity within AVL. It will host the Athlete Welcome Ceremony at 18:00 on 20 June 2019 followed by an AVL entertainment programme.



What catering facilities are available in AVL?

A wide range of food options are available in AVL. They include the Main Dining Hall, Best of Belarus casual dining area, a number of cafés.

3.5. Sport

Are there restrictions on what I may wear during training and competition at the Games?

Restrictions on clothing and equipment are outlined in the MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines (see paragraph 1.9.).

Will I be asked to undergo a doping control test?

Athletes may be selected to undergo one (1) or more Doping Control tests during the Games.

For guidance on the Doping Control test procedures, please refer to paragraph 1.11.

How can I get training and competition schedules and day's results?

Team officials will have access to SIC in AVL where Training Schedules and other key competition information will be available. Both athletes and officials can also access these services by visiting SID at the Venue.

For more information on these services, please refer to article 1.12.1.

Detailed Competition Schedules and official results will be available on the Games-time website at www.minsk2019.by.

What facilities can I use at Competition venues and Training sites?

A list of facilities at CHIZHOVKA Arena is provided in the Competition Venue Information and Training Information Sections within this Manual (see Sections 2 and 5).



3.6. Tickets

How can I get sport tickets for guests?

Worldwide ticket sales for the general public started on 1 December 2018 at the official Ticket Operator Ticketpro LLC website:

www.en.minsk2019.ticketpro.by.

There are several options to purchase tickets for MINSK 2019:

- Online through the official website www.en.minsk2019.ticketpro.by (purchases can be done via credit and debit cards);
- Offline at the Ticket Box Offices in Minsk and Belarus regions. The list of Ticketpro LLC partner's ticket offices is available at www.en.ticketpro.by/box-office/;
- Via bank transfer and invoice by contacting the Official Ticket Operator through e-mail minsk2019@ticketpro.by;
- at the Venue Ticket Box Offices during the Games-time and at the AVL Ticket Box Office.

Am I eligible for complimentary sport tickets?

Only accredited participants may be included into complimentary tickets programme and allocated with seats at the Athlete Stand.

Access to Athlete Stand for the same sport athletes (SSA)

Athletes and team officials of participating NOCs will be able to attend Athlete Stand for their own sport sessions without a ticket by presenting the valid EGIAC at the entrance to the dedicated sector at the Venue. Seats distribution at Athlete Stand will be based on a first-come first-served basis.



Access to Athlete Stand for different sport athletes (DSA)

Different sport athletes and team officials ("Aa", "Ac", "Ao" and "ATo" categories) are encouraged to attend events, in which they do not participate, to support their teams. To watch these events, they require a ticket.

The seats for DSA are also located at the Athlete Stand.

Please note: the quantity of DSA tickets is limited.

Complimentary tickets order and collection procedure for DSA

- NOCs will fill the request form (will be provided in May 2019) and send it to the Ticketing department by 17:00 two (2) days before the respective Competition Day (Session, Event).
- Ticketing department will process the requests within 24 hours and allocate the tickets.

NOCs will collect allocated DSA tickets at the AVL Ticket Office between 19:00-22:30 the day before the respective Competition Day (Session, Event). Only Chefs de Mission, Deputy Chefs de Mission or Ticketing Proxy card holder will be authorised to collect tickets.

3.7. Social Media

May I tweet or blog about the Games?

MEGOC wishes to sensibly and proactively embrace social media as a valuable tool to share the excitement of the Games with spectators, supporters and the global public in accordance with the EOC Social and Digital Media Guidelines, available at www.eurolympic.org, for persons accredited to the MINSK 2019. There are many different ways to use social media, but MEGOC requires that all accredited persons do so thoughtfully, courteously and according to the values of the Games and the EOC.



Accredited persons must not capture pictures, video/audio for commercial purposes.

Accredited persons must not include any commercial references in connection with any European Games content posted on their social media accounts.

3.8. Ceremonies

How can I learn more about the MINSK 2019 Opening and Closing ceremonies?

MINSK 2019 will begin with the Opening Ceremony on Friday, 21 June 2019 and conclude with the Closing Ceremony on Sunday, 30 June 2019.

The day before the ceremonies (20 and 29 June 2019 respectively), Chefs de Mission meetings dedicated to the ceremonies will be held. These meetings will be joint MEGOC/EOC briefings where representatives of all delegations will get related information and instructions on the ceremonies.

If I take part in a Medal Ceremony, what should I wear?

Athletes taking part in a Medal Ceremony must wear the White Judogi, no shoes, no flip flops.

3.8.1. Opening Ceremony

MINSK 2019 Opening Ceremony will be held at the DINAMO Stadium on Friday, 21 June 2019. The Ceremony will start at 22:00, following the entertainment programme for spectators that begins at 20:00. Live broadcasting of the Ceremony will run from 22:00.

Athletes will be delivered to the Opening Ceremony Venue by buses. Distance from AVL to the stadium is about 9km; travel time is about 15 minutes.

According to the EOC decision, all accredited athletes and six (6) team officials residing in AVL on the day of the Opening Ceremony will be allowed to march in the Athletes' Parade at the Opening Ceremony.



The Parade will begin with Greece entering the DINAMO Stadium first and Host country Belarus being last. Following the Parade, athletes will be guided to their allocated seating on FoP of the stadium.

All participants of the Athletes' Parade wishing to leave the Ceremony before its completion will be provided with an early departure opportunity right after the Athletes' Parade.

3.8.2. Closing Ceremony

The Closing Ceremony will be held at the DINAMO Stadium on Sunday, 30 June 2019. The Ceremony will start at 22:00, following the entertainment programme for spectators that begins at 20:00. Live broadcasting of the Ceremony will run from 22:00.

According to the EOC decision all accredited athletes and six (6) team officials residing in AVL on the day of the Closing Ceremony will be allowed to march in the Athletes' Parade at the Closing Ceremony.

Early departure opportunity will be provided to the delegations right after the end of Athletes' Parade only.

Marching athletes will be delivered to the stadium for the Closing Ceremony by buses.

3.8.3. Marching Athletes and Officials

Under no circumstances may participants of the Opening and Closing ceremonies display any form of advertisement or propaganda – commercial, political or otherwise – on any item worn or in any other manner that is visible on camera. Participants may not use selfie sticks during the Parade.





4. TEAM LEADERS' INFORMATION



4. TEAM LEADERS' INFORMATION

4.1. Pre-Competition Procedures

4.1.1. Team Leaders' Meeting and Competition Draw

Date: 21 June 2019

Time: 13:00

Location: National Olympic Committee of the Republic of Belarus (Raduzhnaja Street, 27-2, 220020 Minsk, Belarus)

EJU General Secretary, Technical Delegate, Refereeing Director, Technical Officials and MEGOC Judo Competition Manager will preside over the meeting.

A maximum of two (2) representatives from each NOC can attend this meeting, accompanied by a LANS team member or an NOC Assistant, if necessary. They should bring with them the meeting agenda and their copy of the Team Leaders' Technical Manual.

The individual competition draw will take place during the Team Leaders' meeting. The eight (8) highest-ranked qualified athletes on IJF WRL (according to the last edition before MINSK 2019 Judo Competition) will be seeded for the draw. The draw will be carried out digitally with the use of IJF/EJU software under supervision of the Judo Technical Delegate assisted by the EJU Computer team and Sport commission.

Dress code: official NOCs parade/ceremonial uniform or formal suit with a tie.

The draw for Mixed Team Event will take place at the same time as the draw for the Individual events on 21 June. The four (4) highest ranking teams from the IJF Mixed Team WRL will be seeded. At least one (1) team official/coach must attend the draw.

Dress code: official NOCs uniform or outfit.

4.1.2. Judogi Control

All athletes are required to wear an IJF-approved judogi. Judogi must have a tag



with its official label with an optical code provided by IJF, which cannot be falsified. There must be one (1) IJF official sticker on the jacket, one (1) on the trousers and one (1) on the belt. Further, the judogi must comply with the IJF Judogi Rules and the EJU Judogi Rules (Edition MINSK 2019). The athletes and their judogi shall be checked to ensure they are in accordance with the IJF Judogi Rules. If an athlete does not respect the judogi rules, the coach responsible for the athlete will be suspended for the rest of the competition day. In case of a repeated offence, the coach will be suspended for the rest of the competition.

4.1.3. Weigh-In

The official weigh-in will be conducted in AVL. Athletes must present their EGIACs at the official weigh-in.

The weigh-in will be conducted by the officials appointed by EJU. The official weigh-in for each weight category will take place one (1) day before the competition from 20:00 to 20:30.

Each athlete will be allowed only one (1) weight control during the official weigh-in and must weigh in within the limits of the appropriate weight category; no tolerance will be allowed either above or below the weight category limits.

The unofficial weigh-in will be held on the official scales one (1) day before the competition from 19:30 to 20:00. There is no limit to the number of times each may check their weight during the unofficial weigh-in.

Athletes inscribed in Mixed Team categories "Women's +70kg (-78kg, +78kg)" and "Men's +90kg (-100kg, +100kg)" competing in Individual events on 24 June 2019 will not be required for the official weigh-in for team competition. The other categories competing in Individual events will have 2kg tolerance at the official weigh-in for Mixed teams.

All coaches and other team delegates must leave the weigh-in room before the start of the official weigh-in.

Random weight checks with the same rules as the official weigh-in can be organised before the first event in the morning of the competition. The weight



of the athlete can not be more than 5% higher (without judogi) than the official maximum weight limit of the category, i.e. a-100kg competitor can weigh 105kg maximum without judogi.

EJU will perform the draw of the athletes for random weigh-in using software on a laptop 60 minutes before the start of the competition each day. The weigh-in will end 15 minutes before the start of the competition.

Four (4) athletes per category (except +78kg and +100kg) will be drawn. The list of named athletes drawn for the weigh-in will be immediately posted in the Warm-Up Area. If an Athlete's weight is over 5% higher than the official maximum weight limit of the category, the opponent of the overweight athlete should go on the mat and bow (he/she will be declared the winner by Fusen Gachi).

There will be no random weigh-in before the Mixed Team competition.

Date	Unofficial weigh-in	Official weigh-in	Weight Categories	Place
21 June 2019	19:30 – 20:00	20:00 – 20:30	Women's-48kg,-52kg,-57kg, Men's-60kg,-66kg	AVL
22 June 2019	19:30 – 20:00	20:00 – 20:30	Women's-63kg,-70kg, Men's-73kg,-81kg	AVL
23 June 2019	19:30 – 20:00	20:00 – 20:30	Women's-78kg, +78kg, Men's-90kg,-100kg, +100kg	AVL
24 June 2019	19:30 – 20:00	20:00 – 20:30	Mixed Team Event Women's-57kg,-70kg, +70kg, Men's-73kg,-90kg, +90kg	AVL



4.1.4. Athlete Back Numbers

All athletes are obliged to have regular official back numbers with their surnames and NOC abbreviation sewn on the backs of their judogis (according to the IJF & EJU Judogi Rules).

Stickers with MINSK 2019 branding (like sponsor stickers) will be given to the NOC Chiefs de Mission and athletes can attach them on their back numbers using special glue.

4.2. Competition Procedures

4.2.1. Warm-Up Area

The Warm-Up Area will be located within the Training Site near FoP and will consist of eight (8) 10x10m size tatamis. During the competition, athletes and their warm-up partners will be allowed to use the Warm-Up Area. Non-competing athletes can use the Warm-Up Area for training only two (2) hours after the competition has started. Access will be strictly controlled by supervising officials.

4.2.2. Call to Competition

Athletes are requested to report to Athlete Call Room & Judogi Control three (3) contests before their own contest. Athletes must present their EGIAC on each occasion they are called to competition. If one athlete is ready on time and the Referee Commission sees that the opponent is not present, they will ask the speaker to announce the last call for the missing athlete. The Referee will then invite the present athlete to wait at the edge of the competition area. The scoreboard will start to count down 30 seconds. If the opponent is still not present after the count down is over, the Mat Referee will invite the present Athlete to enter the Competition Area and be declared the winner by Fusen Gachi. The Athlete forfeiting a match may participate in the Repechage provided EJU Jury find that certain criteria are fulfilled.

Note: water bottles are not permitted onto FoP. Athletes are requested to leave



water bottles in the Call Room or personal basket carried by athlete escorts before their match.

4.2.3. Accredited Team Seating

A seating area for athletes and team officials will be located close to the Athletes' entrance to FoP in the back-of-house.

4.3. Post-Competition Procedures

4.3.1. Leaving the FoP

All athletes must exit FoP via the Mixed Zone.

When athletes are leaving the mat, they must be wearing their judogis properly and must not remove any part of the judogis or belts before leaving FoP.

4.3.2. Doping Control

Athletes selected for Doping Control will be notified in person and escorted to DCS by a Doping Control chaperone as soon as possible after the former have finished competing. It is the responsibility of the athlete to remain under continuous observation of the Doping Control chaperone after notification.

For details of the Doping Control Programme, please refer to paragraph 1.11.

4.3.3. Mixed Zone and Interview Zone

All Competition venues will include the Mixed Zone splitted between the Rights Holding Companies and major news agencies and Games News Service, as well as the Interview Zone for all the E-accredited media. After the competition or Medal Ceremony, all athletes will be guided through the Mixed Zone as they leave FoP, but they are not obliged to speak. Team coaches who are normally positioned on FoP may also be asked to pass through the Mixed Zone for interview possibilities.

After passing through the Mixed Zone, athletes will be free to return to the



Changing Room or go to Medical/Doping procedures unless they are requested for the Interview Zone interviews.

Press wanting to interview someone in the Interview Zone would make a request to Press Operations who will escort the athlete from the Mixed Zone to the Interview Zone.

By default, all Gold medallists and all Belarusian athletes will be accompanied to the Interview Zone for interviews. Press attachés, DCOs and LANS team members will be able to escort athletes into the Interview Zone, if needed.

The Games News Service team will also proactively request athletes to come to the Interview Zone in order to introduce interesting story angles to the Media. Once in the Interview Zone, the athlete would be interviewed by the member of the press who requested the interview.

There will be no time limit on the length of the interview (within reason) and there will be no guarantee that it would be exclusive, meaning one (1) or two (2) journalists might want to interview the same athlete.

The Interview Zone will be managed by Press Operations to help facilitate introductions or questions, and ensure the Interview Zone remains an informal area and that no media "scrum" is created.

4.3.4. Results Distribution

Competition-related information for all sports, including results reports, will be available on the Games-time website www.minsk2019.by.

Delivery of printed results information is available only at Competition venues and SIC. Selected reports will be available for collection from SID at the Venue and SIC in AVL.

After the completion of all competitions, all results will be compiled in PDF files and will be available for downloading from the Games-time website www.minsk2019.by.



4.3.5. Medal Ceremonies

Medal ceremonies will take place at the Competition Venue as soon as possible after the end of competition with the exception of Athletics.

In Athletics, Medal ceremonies in eight (8) Individual events and the Relay will take place on 24 June 2019 at the Main MINSK 2019 Fan Zone (Pobediteley Avenue, 4). The Team Medal Ceremony in Athletics will take place at the Competition Venue on 28 June 2019 after the Final.

All Medal ceremonies at MINSK 2019 will occur on or next to FoP. Before each Medal Ceremony all the medallists are gathered in the waiting area accompanied by volunteers. Medal Ceremony staff will be on hand to advise and guide all athletes before, during and after their Medal Ceremony.

All announcements for the Medal Ceremony will be made in two (2) languages – English and Belarusian.

It is the responsibility of each athlete/coach to ensure that the athlete has his/her full outfit with him/her and that it is ready to be worn at the Venue in time for the start of the Medal Ceremony. Failure to adhere to this rule may result in the delay or postponement of the Medal Ceremony.

Medal Ceremony staff will lead athletes to the podium for the Medal Ceremony and advise them with regard to the procedures that the athletes will need to follow.

Flags, signs, mobile phones, cameras, electronic devices, bottles, items of sport equipment, items with political statements, sunglasses, headdresses and EGIAC will not be allowed on the podium. If any athlete is in possession of any of these items, the latter be handed in to the Medal Ceremonies Manager for the duration of the Ceremony.

Similarly, if any items are thrown to athletes while they are on FoP and/or the podium, the athletes must pass them to their Medal Ceremony staff for the Medal Ceremony. Failure to comply with these rules may result in disqualification.



During the Medal Ceremony, in addition to the medals, MEGOC plans to present the winning athletes with a bouquet of flowers.

After the Medal Ceremony, athletes will receive individual medal boxes at the exit from FoP before/after Mixed Zone. In team events (12+) medal boxes will be given to the team leaders.

After the national anthem has been played, Gold medallists may ask other winners to join them to share their joy of victory and take a photo together.

After the Medal Ceremony has finished, the athletes step forward to leave the podium and Medal Ceremony staff will lead the athletes to the Mixed Zone.

If any athlete is chosen for Doping Control, he/she will be escorted through the Mixed Zone by a DCO or Doping Control chaperone and will then be chaperoned to DCS.

Medals will be awarded in each event of the competition as follows:

- 3rd place: two (2) bronze gilt medals,
- 2nd place: silver gilt medal,
- 1st place: gold gilt medal.

Diplomas for the athletes ranked from 1st to 5th will be given to the Chefs de Mission in NOC Services Centre in AVL.

MINSK 2019 Judo Individual and Mixed Team events are equivalent to the European Judo Championships. The European Championships 2019 medals for the 1st, 2nd and two 3rd places will be awarded by EJU to the athletes right after the official MINSK 2019 Medal Ceremony off the podium in the area reserved for protocol purposes which will be agreed with MEGOC.

EJU will provide the medals.





5. TRAINING INFORMATION



5. TRAINING INFORMATION

5.1. Key Information

Training for the Judo events will take place at CHIZHOVKA Arena.

The Venue will be open for training from 20 to 25 June 2019. All training equipment will be approved by EJU.

5.2. Training Regulations

Each training session is open and does not need to be pre-booked.

The Training Site will have controlled access for accredited team members only, public access will not be allowed.

During the competition days, athletes/coaches will be required to strictly comply with the limited access rules according to article 4.2.1.

5.3. Media Access

Training sessions are open to media every day from 12:30 to 14:00 only. The Training Site will be closed to media for all other sessions.

5.4. Venue Access

For detailed information on Venue access, please refer to Appendix 2 and paragraph 2.2.

5.5. Training Facilities

The Training Site will contain eight (8) mats resembling competition layout.



Massage boxes will be installed close to mats. Athletes' changing facilities are located near the training area. Refreshments will be available to athletes.

- Lost and Found

All reports of lost items should be directed to an on-site MEGOC representative who will be able to provide assistance.

- Medical facilities

Limited medical services will be available at Training sites, with enhanced services for the sports requiring specialised care.





6. THE GAMES AND MINSK



6. THE GAMES AND MINSK

6.1. Accreditation

MEGOC issues an EGIAC to every official participant of MINSK 2019 who was registered in MINSK 2019 Online Accreditation System. The EGIAC establishes the identity of its user, allows access to MINSK 2019 venues and provides privileges according to the participant's role.

Before validation an EGIAC is referred to as a PVC. All NOCs will get PVCs for their delegation from MEGOC in April – May 2019.

Participants should submit at Belarus Border Crossing Points their PVCs and the same documents that were used for registration in MINSK 2019 Online Accreditation System. A PVC will become an EGIAC only after its validation at MINSK 2019 Accreditation Centres.

All participants of MINSK 2019 should provide a valid Identification Document permitting travelling abroad (passport or another substituting document) as follows:

- All accredited members have to travel with passports or other travelling documents valid until at least 11 July 2019;
- The document should be the same that was used to register in MINSK 2019 Online Accreditation System.

The accredited participants will be eligible to multiple visa free entries to the Republic of Belarus from 20 May to 10 July 2019.

6.1.1. Accreditation Facilities

PVCs validation will be available at MINSK 2019 Accreditation Centres.

MSQ will be the main port of entry to Belarus. Athletes, coaches, trainers and other team officials (all individuals with accreditation categories "Aa", "Ac", "Ao" and "ATo") coming by any transport will be able to validate their accreditation at AVL Accreditation Centre.



Members of the EOC Family and dignitaries coming through the MSQ VIP Lounge will be able to validate their PVCs at the MSQ Accreditation Centre.

NOC category participants who will be living at the EOC Family Hotel (EFH), which is the MARRIOTT Hotel, are able to validate their PVCs at the EFH Accreditation Centre.

Other accreditation categories will be able to validate their PVCs at the Uniform Distribution and Accreditation Centre (UDAC).

In order to validate PVCs, participants should present documents permitting travelling abroad that were used during accreditation process at MINSK 2019 Online Accreditation System.

Moreover, Competition venues will offer Venue Accreditation Help Offices (VAHOS). The VAHO is a designated and equipped office or space near a Competition Venue where authorised staff can have their EGIACs reissued if the latter are lost, stolen or damaged.

The table below summarises available accreditation facilities and client groups they serve:

Accreditation Facilities			
Facility	Dates and Time of Operation	Client Group	Service
MSQ	20 May – 2 July 2019 (24 hours a day)	EOC Family, dignitaries	Card validation, card replacement, issue resolution
AVL	13 June – 2 July 2019 (24 hours a day)	"Ac", "Aa", "Ao" and "ATo"	
Minsk Marriott Hotel (EFH)	18 June – 2 July 2019 (08:00 – 22:00)	EOC Family	
UDAC (VAHO functions responsible for: FLC, MSA, MSV, TOC)	1 April – 18 June 2019 (09:00 – 18:00) 19 June – 30 June 2019 (08:00 – 22:00)	All	



VAHO			
DST (responsible for: OCA, OCB, STP, PLA, MSR, DST)	Operates 2 hours prior to competition/training until end of competition/training (may vary by location and day). Please check exact opening hours on site at each VAHO	All	EGIAC replacement, issue resolution
STU (responsible for: STU, STC, SHC)			
CZA			
RGZ			

Please see the list of acronyms in Appendix 5.

6.1.2. Accreditation Codes

Venue codes and pictograms printed on the EGIAC front side indicate access to Competition and/or Non-Competition venues. A full description of the codes is available on the reverse side of the card.

Venue zone access rights are indicated on the EGIAC with colour and alphanumeric codes.

The following zones will be used at MINSK 2019:

AVL Codes	
Zone Code	Description
AVL	Athletes' Village
R	Residential Zone
OZ	Operation Zone



Venue Zone Codes	
Zone Code	Description
Blue	FoP, Operational Areas, General Circulation Areas
Red	Operational Areas, General Circulation Areas
White	General Circulation Areas
2	Athlete Preparation Area
5	Press and Broadcast Area
6	EOC Family Area
O	Protocol Stand
A	Athletes' Stand

6.1.3. Lost, Stolen or Damaged Accreditation

MINSK 2019 Accreditation team should be immediately informed by EGIAC holder if the EGIAC is lost, stolen or damaged. The card will be reissued on presentation of a request for accreditation card replacement from the bearer and of the valid document that was used for registration in MINSK 2019 Online Accreditation System.

6.2. Transport

MINSK 2019 Clients Transport Systems' mission is to deliver effective, reliable and efficient transportation services to athletes, team officials and the EOC Family members.

Transport services will be delivered by three (3) systems that will have access to the Games Route Network (GRN) in order to minimise travel times:



- T-AB, T-A Transport System;
- T-B/T-P Transport System;
- T-X Transport System.

6.2.1. Games Route Network (GRN)

Venues, AVL and MINSK 2019 official accommodation sites are situated along the routes of four (4) Games transport corridors, i.e. city transport thoroughfares forming GRN together with the Minsk Ring Road (MKAD) and out-of-town highways.

The key principles of the GRN operation are:

- Special traffic management schemes and traffic lights coordination;
- Accident/incident detection and management;
- Special signage;
- Traffic cameras and continuous police monitoring.

6.2.2. Athletes' Transport System (T-AB, T-A)

During MINSK 2019, the T-AB (Airport Bus) transport services will be provided for arrival/departure of athletes and team officials from MSQ to AVL and back. The T-AB services will be carried out on a pre-planned schedule of arrivals and departures.

The T-A System will offer an exclusive, secure and dedicated transport services for athletes and team officials from AVL to Competition venues/Training sites and back. The T-A transport will run according to the schedule based on the competition and/or training sessions and provide the appropriate level of services required for these client groups.

AVL Transport Mall is located next to AVL (bus stop "Transport Mall") to provide athletes and team officials with direct access to its services.

The T-A System privileges are available to "Aa/Ac/Ao" accredited persons.



Accreditation must be displayed at all times to use the services.

For effective use of the T-A Transport System, it is highly recommended that only the client groups directly participating in sports events use it. Spectating athletes and NOC delegations, not involved in sports events, are recommended to use the Hub Bus Transport System (T-B). In AVL, the T-B bus stop is located on Dzierzynski Avenue, near the intersection with Chyurlionis Street.

For detailed information on T-B, please refer to article 6.2.3.

6.2.3. Hub Bus Transport System (T-B)

T-B features the routes that connect all the Games venues, including the MINSK 2019 hotels along the routes, with a transfer at the Central Hub (Gorodskoy Val Street).

Also, the T-B Transport System will provide transport services for accredited persons from MSQ to the Central Hub with onward connection possibilities to the Games venues.

Services will run on a regular frequency basis or in accordance with schedules, available at the bus stops along the T-B routes.

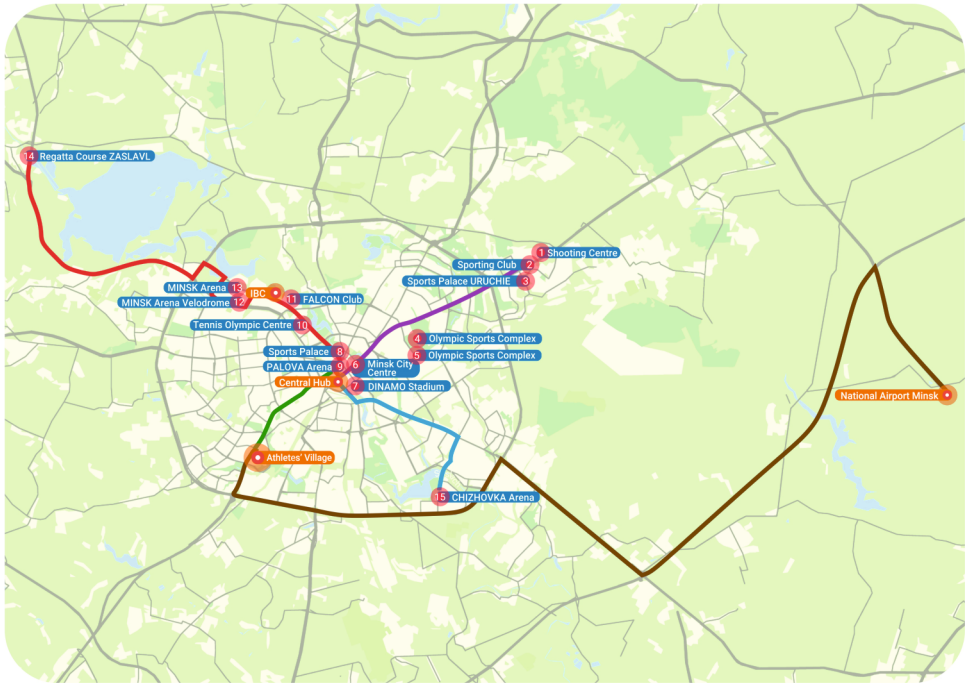
The bus stops in AVL and at the Central Hub will be equipped with electronic boards, displaying the bus schedule.

The T-B Transport System consists of 5 routes (see the map below):

- Route T-B 1 (Central Hub – AVL) connects all the venues located along the line of Dzerzhinsky Avenue, including hotels where the participants of the Games live;
- Route T-B 2 (Central Hub – Minsk Arena – Zaslavl) connects all the venues located along the line of Pobediteley Avenue, including hotels where the participants of the Games live;
- Route T-B 3 (Central Hub – Uruchie) connects all the venues located along the line of Nezavisimosti Avenue, including hotels where the participants of the Games live;



- Route T-B 4 (Central Hub – Chizhovka Arena) connects the venues located along the line of Partizanskiy Avenue, including hotels, where the participants of the Games live;
- Route T-B 5 (Central Hub – Airport) connects MSQ and Central Hub. The buses on this route function every 30 minutes.



- Route T-B 1 Central Hub – Athletes’ village
- Route T-B 2 Central Hub – MINSK Arena – Zaslavl
- Route T-B 3 Central Hub – Uruchie
- Route T-B 4 Central Hub – Chizhovka Arena
- Route T-B 5 Central Hub – Airport



6.2.4. MINSK 2019 Public Transport System (T-P)

Free access to MINSK 2019 Public Transport System (T-P) (metro, city rail, bus, trolleybus and tram lines from/to Competition venues) will be granted to all accredited Games participants from 20 May until 10 July 2019. The operating hours of MINSK 2019 Public Transport System will be extended during the Games (05:30 – 00:30) to ensure effective transportation of visitors of the Games and to accommodate workforce transport needs, as appropriate.

6.2.5. MINSK 2019 Taxi Services (T-X)

T-X Transport System will cater to the EOC Family members, Ministers of Sport, dignitaries, WADA representatives, and sponsors by offering on-demand service or Request-for-Transport (RFT) service on a 24-hour basis at all Competition venues, EFH and MINSK 2019 dignitaries' hotels, AVL, some Non-Competition venues.

6.2.6. Spectating Athletes

Spectating athletes of the same and different sport shall use the T-B services from/to AVL and each respective Venue.

6.2.7. Transport Services for Opening and Closing Ceremonies

Athletes and team officials will be transported to/from the DINAMO Stadium exclusively and only with Ceremony Buses from/to AVL for the Opening and Closing ceremonies.

No direct transport service will be offered from the DINAMO Stadium to MSQ on the night of the Closing Ceremony.



6.3. Security

The Government of the Republic of Belarus is responsible for all aspects of safety and security for MINSK 2019. The Government Security Authorities (GSA) will ensure that all appropriate and necessary security measures throughout planning and operational delivery are implemented to ensure safe and peaceful celebration of MINSK 2019.

The Security, Border Control & Customs Subcommittee of the Republican Organising Committee (SBCCS) is assigned as a dedicated Venue Security Coordinator for protective security arrangements in AVL and designated Competition and Non-Competition venues.

6.3.1. Security in AVL

AVL and its residents will be granted the highest level of protection. Access to AVL will be granted to accredited client groups with designated AVL accreditation rights and authorised guests. Accreditation will be authenticated by authorised GSA personnel.

All AVL residents, accredited client groups, guests and their personal belongings will be subject to security screening prior to entering AVL. All deliveries of goods and materials as well as vehicles will be subject to security screening after the Venue lockdown and start of security operations.

AVL will be protected by a perimeter security fence and provided with additional protective security measures, security lighting and electronic security systems including Closed Circuit Television (CCTV) surveillance. Security screening items/measures will include but are not limited to:

- Walk-through metal detectors ("mags");
- Portable metal detectors;
- X-ray screening and other technical security measures.



6.3.2. Security at Competition Venues and Training Sites

A risk-based approach will be applied by the GSA agencies to determine protective security arrangements for Competition venues and Training sites.

Access to Competition venues will be restricted to appropriately accredited and ticketed individuals who will be subject to accreditation/ticket authentication and security screening at Pedestrian Screening Areas (PSA) prior to entry.

Any vehicle and its occupants (including delivery vehicles) seeking to drop-off or enter the secure perimeter of a Venue will be subject to security screening of the appropriate level at the Vehicle Screening Area (VSA).

6.3.3. Security in Transit

MEGOC in cooperation with the GSA agencies will implement a security plan to ensure the appropriate level of security to athletes, teams and their equipment whilst in transit from AVL to venues via GRN.

The principle of bubble-to-bubble ("B2B") T-A System bus operation/circulation will be implemented to facilitate secure transportation from AVL to Competition venues and Training sites and back.

Athletes and officials travelling via the T-A System will be subject to reduced security screening requirements on arrival at Competition venues and Training sites (with consideration to the assigned lower-risk profile of NOCs).

Upon return to AVL all athletes and officials are subject to an accreditation check and security screening prior to entering AVL.

This policy also applies to NOC vehicles and their occupants seeking to drop off or park within the secure perimeter of AVL.

6.3.4. Prohibited and Restricted Items

List of MINSK 2019 prohibited items:

- Explosive devices and materials;
- Firearms, ammunition and any kind of toy guns;



- Knives;
- Incendiary devices;
- Hazardous substances (e.g., chemicals, irritants and gases);
- Fireworks and pyrotechnics;
- Laser pointers;
- Personal protection sprays (e.g., "pepper spray");
- Offensive implements, i.e. anything that is made or adapted to cause injury to a person;
- Illegal drugs including performance enhancing drugs.

For detailed List of Restricted and Prohibited Items at the sites of MINSK 2019, please see Appendix 4.

Please note that any NOC delegation members and other AVL residents are not permitted to bring any alcohol liquids and foods into the residential areas.

6.3.5. Exceptions

Emergency services and certain accredited personnel, including workforce, will be permitted to use items as required by their accreditation in order to enable them to carry out their functions.

6.3.6. Tools of the Trade

Tools of the Trade include requirements for people bringing items under the prohibited items policy into the venues, but are required by staff of certain categories to undertake their job. Athletes, team officials and technical officials are permitted to carry a reasonable amount of liquids, aerosols and gels.

6.3.7. Requests for Emergency Assistance

Details of emergency phone numbers to use within AVL will be issued in the welcome pack and displayed in all common areas.



6.4. MINSK 2019 Overview

The European Games are a multi-sport event for athletes from the National Olympic Committees of Europe and that are held every four (4) years. The Games are owned, co-organised, and regulated by the EOC.

The European Games were inaugurated at the EOC General Assembly on 8 December 2012 in Rome, Italy.

The right to host the 2nd European Games was awarded to the city of Minsk (Belarus) at the meeting of the EOC General Assembly on 21 October 2016.

The Republican Organising Committee (ROC) was established by a Decree of the President of the Republic of Belarus on 9 January 2017. ROC is chaired by the Prime Minister of the Republic of Belarus Sergei RUMAS.

Following the Decree of the President of the Republic of Belarus MEGOC was established. The leadership of MEGOC is provided by the CEO George KATULIN who is also NOC Belarus Secretary General.

4,000 Athletes

2,000 Team Officials

15 Sports / 23 Disciplines (19 Olympic Disciplines / 4 Non-Olympic Disciplines – Acrobatic Gymnastics, Aerobic Gymnastics, Beach Soccer, Sambo)

199 Medal Events

10 Days of Competition

15 Competition Venues

8 Sports are Part of the "Road to Tokyo 2020" Qualification

Opening Ceremony: 21 June 2019

Closing Ceremony: 30 June 2019



6.4.1. Competition Venues

199 Medal events that make up the Sport Programme at MINSK 2019 will be held at 15 Competition venues.

15 Competition venues and sports featured at each Venue are listed in Appendix 3 and the table below.

Sport / Discipline	Competition Venue
Archery	Olympic Sports Complex
Athletics	DINAMO Stadium
Badminton	FALCON Club
3x3 Basketball	PALOVA Arena
Beach Soccer	Olympic Sports Complex
Boxing Sports	Palace URUCHIE
Canoe Sprint	Regatta Course ZASLAVL
Cycling – Road	Minsk City Centre
Cycling – Track	MINSK Arena Velodrome
Gymnastics – Acrobatic	MINSK Arena
Gymnastics – Aerobic	MINSK Arena
Gymnastics – Artistic	MINSK Arena
Gymnastics – Rhythmic	MINSK Arena
Gymnastics – Trampoline	MINSK Arena
Judo	CHIZHOVKA Arena
Karate	CHIZHOVKA Arena
Sambo	Sports Palace
Shooting – Rifle & Pistol	Shooting Centre
Shooting – Shotgun	Sporting Club



Table Tennis Tennis	Tennis Olympic Centre
Wrestling – Greco-Roman, Freestyle, Women’s	Sports Palace

6.5. The City of Minsk

Minsk is the capital of the Republic of Belarus. It is the largest city in the country populated by two (2) million people or every one in five inhabitants of Belarus. It is the administrative, economic, cultural, scientific and sports centre of the country.

6.5.1. Sights and Sites

Downtown

The historic centre of Minsk still has some majestic temples and monuments. If you want to feel the spirit of the old days, take a walk through the Freedom Square with architectural monuments of the 17-19th centuries stood the test of time, the Trinity and Rakovskoye suburbs, and narrow cobbled streets running in different directions from the historic centre. Every building here is a kind of a chapter of Minsk history.

The Minsk party scene is conveniently centred in the heart of the Old Town. To get a glimpse of the nightlife with its bars, live-music venues and nightclubs visitors should go straight to Zybityskaya Street that transforms into a giant street party on summer weekend nights.

Minsk visitors can enjoy lively bars and clubs to have some fun at night. Food and drinks are reasonably priced. Bars, clubs and discos are open till late in the morning, especially during weekends. Zybityskaya Street is the most famous street of night bars, clubs and discos.

Soviet Sights

Minsk is famous for its Soviet architecture. Many buildings along the Independence Avenue (Praspiekt Niezaliežnasci) are a vivid example of the Soviet times architecture forming an integral ensemble with peculiar style and



composition features. The 1950s architectural ensemble is the real gem of the Avenue and a candidate for the UNESCO World Heritage List. Most of Minsk attractions are located if not on the Avenue, then close to it.

Modern Minsk

Over the recent decades, the architectural style of Minsk has considerably changed with the construction of new administrative buildings, business centres, shopping malls, sports and entertainment centres, hotels, restaurants, and cafés.

National library of Belarus and Palace of Independence are among the most impressive buildings that has been constructed in recent decades in Minsk.

Another face of modern Minsk is Oktyabrskaya Street – one of the most popular and fancy places. Former industrial street has become one of the main leisure and party areas of the city. The red brick buildings of the late 19th – early 20th century, decorated with modern paintings, sit side by side with the numerous bars, cafés, exhibition halls, creative studios and workshops and offices.

Museums and Exhibitions

There are more than 20 museums in Minsk. The National Art Museum of Belarus is the cultural treasury of Belarus. The Museum's collection is one of the largest collections in Eastern Europe. There are more than 30,000 exhibits, including masterpieces of Belarusian and foreign art.

The National Historical Museum is among the most visited museums of Belarus. The museum houses the largest collection in Belarus with more than 400,000 items. Be sure to drop by to learn about the history of Belarus through the ages! Study its unique exhibits – valuable documents, early printed books, Slutsk belts, coins and medals, weapons, musical instruments and dinnerware – to trace the historical path of Belarus.

The Belarusian State Museum of the Great Patriotic War History is one of the largest world museums dedicated to World War II. The first items for its collection were picked up as early as 1942. The new building of the museum was opened in 2014 on the 70th anniversary of the liberation of Belarus and now houses more than 8,000 exhibits on 3,000m². The museum is situated on



Pobediteley Avenue near the Minsk-Hero City Stella and the Victory Park.

Theatres

Minsk is home to number of theatres, playhouses and concert halls that present some of the best local and, often, international productions. From world class ballets and musicals to experimental and original works, you will undoubtedly find a theatrical experience that suite your taste at one or more of these Minsk theatres listed below.

The National Academic Bolshoi Opera & Ballet Theatre of the Republic of Belarus is one of Europe's biggest theatres and the architectural landmark of Minsk. The theatre has a truly unique repertoire, made up of about 60 titles of operas and ballets of different epochs and styles. The theatre building makes a strong impression thanks to the perfect symmetry of the park around it, the statues on the pediment and the abundance of marble and crystal inside. It is better to purchase the tickets in advance as for all classical productions they are sold out quite quickly.

Janka Kupała National Academic Theatre has been preserving the best traditions of the Belarusian theatrical art for almost a hundred years, combining them with the search for new solutions and forms. The main place in the repertoire of the theatre is occupied by performances based on the works of Belarusian writers and playwrights. A visit to the Kupała Theatre can be recommended to those who appreciate the tradition, those who are looking for meaning in the theatre and not just entertainment, and to those who want to better understand the national culture.

Parks and Outdoor Activities

One crucial aspect of Minsk spatial organisation is the "Green Diametre" – several often-sprawling parks along the banks of the Svisloch River that cuts through Minsk from north-west to south-east.

The most picturesque parks of Minsk are Janka Kupała Park, with its landscaped paths and sculptures, the Central Children's Park named after Maxim Gorky, Chelyuskintsev Park, Park Complex "Loshitsa", Park Complex "Victory".

The Botanical Garden is worth to visit. It is one of the largest in Europe by total



area (about 100ha in the city) and by the richness of the collection, which has more than 10,000 plants from around the world. The greenhouse demonstrates exotic plants typical for different climatic zones of the planet. In the garden you can relax and switch off from the bustle of the city. The main entrance to the garden is from the Independence Avenue.

6.5.2. Getting Around and Public Transport

Metro

Minsk Metro has two (2) lines. The changing station is Kastryčnickaja/Kupalaŭskaja. Minsk metro services usually run from 5:30 to 0:40. One metro ride costs 0.65BYN (about 0.35€). You can use contactless card or mobile device to pay for the ride.

The nearest Metro Station to AVL is Piatroŭščyna (7 min walk from AVL).

Public Ground Transport

The city's public ground transport includes trams, buses, trolleybuses and shuttles. The fare for all means of public transport is the same (0.65BYN (about 0.35€) for the ride), except for a trip on city shuttles (the fare depends on the route and distance). Important bus routes: 100 – Independence Avenue, 1 – Pobediteley Avenue. Hours of service: 06:00 – 01:00.

For more information about public transport routes and schedule, please visit www.minsktrans.by.

Taxi

Taxi in Minsk is not expensive: a trip of 8-10km costs 3-4€. You can call a taxi dialling one of the following numbers: 7788, 7500, 7510, 107, 135, 152, 156, 157, 158, 184, etc.

6.5.3. Cafés, Restaurants and Belarusian Cuisine

Minsk is full of places where you can try authentic Belarusian dishes, European and Asian cuisine – ranging from top-notch restaurants to charming casual cafés.



Cosy cafés and restaurants in the Belarusian national style offer a wide range of dishes prepared according to old recipes. Indispensable attributes of all dishes are truly Belarusian products – lard, mushrooms, cranberries and sauerkraut. It is believed that for the Belarusians potato dishes are the most important ones. The most popular is "draniki" – potato pancakes with sour cream.

Menus are available in Russian, Belarusian and English. You can pay by cash or credit card.

Some cafés feature live music in the evenings. Most cafés and restaurants are in the centre of Minsk.

6.5.4 Shopping

What to buy as a souvenir to remember Belarus and the 2nd European Games MINSK 2019?

Official Merchandise

The official merchandise stores will operate at all sports venues, in AVL and the official Fan Zones during the Games time providing with the large variety of licensed goods such as official mascots, backpacks, clothing, stationery, keychains, magnets and many other items. The official merchandise megastore will be in the major Fan Zone near the Sports Palace.

Local Souvenirs

For those who wish to keep nice memories of their stay in Belarus, there are several options to explore.

Consider original Belarusian hand-made souvenirs and classic handicraft items such as wooden jewellery boxes, ceramics, woven straw items, embroidery and knitted products.

What about some sweets and chocolate? Kommunarka and Spartak are two brands that produce a range of chocolates and sweets of exceptional quality popular among both Belarusians and foreign visitors.



Spicy herbs, fresh, smoked and dried fish, products of local dairy factories and cheese factories, fresh meat products, vegetables, fruits from rural producers, confectionery products of Belarus — one can buy all of these at the Komarovsky market (Metro Station "Plošča Jakuba Kolasa").

Traditional Belarusian linen is sold in a specialised Shop "Lyanok" (near the Metro Station "Plošča Jakuba Kolasa"), where you can buy linen fabrics, tablecloths and towels, including Belarusian embroidered towels.

Popular Shopping Malls

The biggest range of shops are located along the central parts of the main street Independence Avenue (Praspiekt Niezaliežnasci) from the central station and 4km northeast. On this part of the main street one may find big stores like GUM and TSUM.

In all districts and residential areas of the city you can find supermarkets or hypermarkets of retail chains "HIPPO", "ALMI", "ProStore", "EUROOPT", "Korona".

Large shopping and entertainment centres:

- Galleria Minsk (Pobediteley Avenue, 9);
- Zamok (Pobediteley Avenue, 65);
- Arena-City (Pobediteley Avenue, 84);
- Dana Mall (Mstislavtsa Street, 11; Metro Station "Uskhod");
- Galileo (Bobruiskaya Street, 6).

The nearest to AVL shopping centre is "ALMI". Just across Dzierzynski Avenue is Magnit, and next to it – Titan.



6.6. Useful Information

6.6.1. Banks and Bank Cards

There are multiple ATMs around the city, most of which accept international debit and credit cards. Depending on your account-holding bank, there may be limits on the amount of cash you are able to withdraw in one day.

Large bank branches are open Monday through Saturday but closed on Sundays. Smaller branches are closed on Saturdays and Sundays.

International credit and debit cards are accepted in most restaurants and large shops.

6.6.2. Currency

The currency of Belarus is the Belarusian Ruble (BYN).

One hundred kopeks equals one ruble and ruble notes come in 5, 10, 20, 50, 100, 200 and 500 denominations.

It is impossible to buy Belarusian rubles in the majority of European countries, so visitors will need to use the foreign exchange desk at the arrivals hall in MSQ or withdraw money from ATMs around the city.

For general information about the official exchange rates and internal monetary policy, please visit the official website of the National Bank of the Republic of Belarus at www.nbrb.by/engl/.

6.6.3. Electricity

The standard voltage in Belarus is 220V.

Electrical equipment and appliances are equipped with standard European 220-240V two-pin plugs.



6.6.4. Gratuities and Tipping

Tipping is not required in Minsk, although it is common. Occasionally, the service charge is included in the bill. Like anywhere in the world, tipping for above-average service will be appreciated.

6.6.5. Language

Belarusian and Russian are the official languages of Belarus. English is the official language of MINSK 2019.

6.6.6. Opening Hours

Office hours are 09:00 to 18:00, Monday through Friday.

Banking hours are 09:00 to 18:00, Monday through Friday.

Shops generally open around 09:30 or 10:00 and close around 20:00 – 22:00.

Shops are open seven (7) days a week.

6.6.7. Smoking

Smoking is permitted in designated smoking areas.

During MINSK 2019 smokers will be advised to use designated smoking areas away from the public/workforce domains at all venues. There will be stub bins for cigarettes that will be cleaned regularly.

Smoking at Venue premises will be discouraged.

In line with public health advice and for avoidance of doubt, e-cigarettes and other smoking devices may not be used anywhere besides the dedicated smoking areas. Tobacco will not be sold at any Venue.

6.6.8. Taxes (VAT)

VAT in Belarus is similar to that in most European VAT systems, with tax levied on most goods and services. In 2013, Tax Free System that helps foreign nationals get back the VAT on the purchases made in Belarus was introduced.



VAT refund is made only when goods are exported outside the Eurasian Economic Union customs territory. At present, the customs union of the Eurasian Economic Union includes Belarus, Russia, Kazakhstan, Armenia and Kyrgyzstan.

Over 460 shops support to the Tax Free System in Belarus. Buyers get 12.5% of their money back.

For more information please visit www.tax-free.by/en/.

6.6.9. Telephones

The country code for Belarus is +375, and the city code for Minsk is 17.

Belarusian mobile phone numbers have 12 digits, and most mobile numbers start with +375 29, +375 33, +375 44 or +375 25. All 12 digits must be dialled for calls within Belarus. For example: +375 29 XXX XX XX.

6.6.10. Time Zone

Location: Minsk (Belarus)

Time Zone: MSK

UTC Offset: UTC+3 hours.

6.6.11. Tourist information

For more information on Belarus, its sights and culture, please visit the following websites:

[www.minsk2019.by](http://www.minsk2019.by;);

www.minsktourism.by/en/;

www.vetliva.com;

www.bestbelarus.by.





Appendix 1. Training Session & Event Competition Schedule



APPENDIX 1

Training Session & Event Competition Schedule

by Sport – High Level

Version: 2.0

Day -1

Training Day – Thursday, 20 June 2019

JU	Judo	CHIZHOVKA Arena Training Site	CHIZHOVKA Arena FoP
Time	Training	Mat	
09:00-19:00	Free Training	All mats	

Day 1

Training Day – Friday, 21 June 2019

JU	Judo	CHIZHOVKA Arena Training Site	CHIZHOVKA Arena FoP
Time	Training	Mat	
09:00-19:00	Free Training	All mats	



Day 2

Competition Day – Saturday, 22 June 2019

JU	Judo	CHIZHOVKA Arena Training Site	CHIZHOVKA Arena FoP
Time	Training/Warm-Up	Mat	
09:00-18:25	Warm-Up	All mats	
12:30-19:00	Free Training	All mats	
Time	Competition	Competition Phase	Mat
Session JU01 Start: 10:30 End: 15:40			
	Women's Extra-light weight (-48kg)	Elimination Rounds	1-3
	Women's Half-light weight (-52kg)	Elimination Rounds	1-3
	Women's Light weight (-57kg)	Elimination Rounds	1-3
	Men's Extra-light weight (-60kg)	Elimination Rounds	1-3
	Men's Half-light weight (-66kg)	Elimination Rounds	1-3
	Women's Extra-light weight (-48kg)	Semi-Finals/Repechage	2/1+3
	Women's Half-light weight (-52kg)	Semi-Finals/Repechage	2/1+3
	Women's Light weight (-57kg)	Semi-Finals/Repechage	2/1+3
	Men's Extra-light weight (-60kg)	Semi-Finals/Repechage	2/1+3
	Men's Half-light weight (-66kg)	Semi-Finals/Repechage	2/1+3
Session JU02 Start: 17:00 End: 19:10			
	Women's Extra-light weight (-48kg)	Bronze Medal Contest A	2
	Women's Extra-light weight (-48kg)	Bronze Medal Contest B	2
	Women's Extra-light weight (-48kg)	Gold Medal Contest	2
	Men's Extra-light weight (-60kg)	Bronze Medal Contest A	2
	Men's Extra-light weight (-60kg)	Bronze Medal Contest B	2
	Men's Extra-light weight (-60kg)	Gold Medal Contest	2
	Women's Extra-light weight (-48kg)	Medal Ceremony	
	Women's Half-light weight (-52kg)	Bronze Medal Contest A	2
	Women's Half-light weight (-52kg)	Bronze Medal Contest B	2
	Women's Half-light weight (-52kg)	Gold Medal Contest	2
	Men's Extra-light weight (-60kg)	Medal Ceremony	
	Men's Half-light weight (-66kg)	Bronze Medal Contest A	2
	Men's Half-light weight (-66kg)	Bronze Medal Contest B	2
	Men's Half-light weight (-66kg)	Gold Medal Contest	2
	Women's Half-light weight (-52kg)	Medal Ceremony	



JU	Judo	CHIZHOVKA Arena Training Site	CHIZHOVKA Arena FoP
Time	Competition	Competition Phase	Mat
Session JU02 Start: 17:00 End: 19:10			
	Women's Light weight (-57kg)	Bronze Medal Contest A	2
	Women's Light weight (-57kg)	Bronze Medal Contest B	2
	Women's Light weight (-57kg)	Gold Medal Contest	2
	Men's Half-light weight (-66kg)	Medal Ceremony	
	Women's Light weight (-57kg)	Medal Ceremony	



Day 3

Competition Day – Sunday, 23 June 2019

JU	Judo	CHIZHOVKA Arena Training Site	CHIZHOVKA Arena FoP
Time	Training/Warm-Up	Mat	
09:00-18:25	Warm-Up	All mats	
12:30-19:00	Free Training	All mats	
Time	Competition	Competition Phase	Mat
Session JU01	Start: 10:30 End: 15:15		
	Women's Half-middle weight (-63kg)	Elimination Rounds	1-3
	Women's Middle weight (-70kg)	Elimination Rounds	1-3
	Men's Light weight (-73kg)	Elimination Rounds	1-3
	Men's Half-middle weight (-81kg)	Elimination Rounds	1-3
	Women's Half-middle weight (-63kg)	Semi-Finals/Repechage	2/1+3
	Women's Middle weight (-70kg)	Semi-Finals/Repechage	2/1+3
	Men's Light weight (-73kg)	Semi-Finals/Repechage	2/1+3
	Men's Half-middle weight (-81kg)	Semi-Finals/Repechage	2/1+3
Session JU02	Start: 17:00 End: 18:55		
	Women's Half-middle weight (-63kg)	Bronze Medal Contest A	2
	Women's Half-middle weight (-63kg)	Bronze Medal Contest B	2
	Women's Half-middle weight (-63kg)	Gold Medal Contest	2
	Men's Light weight (-73kg)	Bronze Medal Contest A	2
	Men's Light weight (-73kg)	Bronze Medal Contest B	2
	Men's Light weight (-73kg)	Gold Medal Contest	2
	Women's Half-middle weight (-63kg)	Medal Ceremony	
	Women's Middle weight (-70kg)	Bronze Medal Contest A	2
	Women's Middle weight (-70kg)	Bronze Medal Contest B	2
	Women's Middle weight (-70kg)	Gold Medal Contest	2
	Men's Light weight (-73kg)	Medal Ceremony	
	Men's Half-middle weight (-81kg)	Bronze Medal Contest A	2
	Men's Half-middle weight (-81kg)	Bronze Medal Contest B	2
	Men's Half-middle weight (-81kg)	Gold Medal Contest	2
	Women's Middle weight (-70kg)	Medal Ceremony	
	Men's Half-middle weight (-81kg)	Medal Ceremony	



Day 4

Competition Day – Monday, 24 June 2019

JU	Judo	CHIZHOVKA Arena Training Site	CHIZHOVKA Arena FoP
Time	Training/Warm-Up	Mat	
09:00-18:25	Warm-Up	All mats	
12:30-19:00	Free Training	All mats	
Time	Competition	Competition Phase	Mat
Session JU01 Start: 10:30 End: 15:15			
	Women's Half-heavy weight (-78kg)	Elimination Rounds	1-3
	Women's Heavy weight (+78kg)	Elimination Rounds	1-3
	Men's Middle weight (-90kg)	Elimination Rounds	1-3
	Men's Half-heavy weight (-100kg)	Elimination Rounds	1-3
	Men's Heavy weight (+100kg)	Elimination Rounds	1-3
	Women's Half-heavy weight (-78kg)	Semi-Finals/Repechage	2/1+3
	Women's Heavy weight (+78kg)	Semi-Finals/Repechage	2/1+3
	Men's Middle weight (-90kg)	Semi-Finals/Repechage	2/1+3
	Men's Half-heavy weight (-100kg)	Semi-Finals/Repechage	2/1+3
	Men's Heavy weight (+100kg)	Semi-Finals/Repechage	2/1+3
Session JU02 Start: 17:00 End: 19:10			
	Men's Middle weight (-90kg)	Bronze Medal Contest A	2
	Men's Middle weight (-90kg)	Bronze Medal Contest B	2
	Men's Middle weight (-90kg)	Gold Medal Contest	2
	Women's Half-heavy weight (-78kg)	Bronze Medal Contest A	2
	Women's Half-heavy weight (-78kg)	Bronze Medal Contest B	2
	Women's Half-heavy weight (-78kg)	Gold Medal Contest	2
	Men's Middle weight (-90kg)	Medal Ceremony	
	Men's Half-heavy weight (-100kg)	Bronze Medal Contest A	2
	Men's Half-heavy weight (-100kg)	Bronze Medal Contest B	2
	Men's Half-heavy weight (-100kg)	Gold Medal Contest	2
	Women's Half-heavy weight (-78kg)	Medal Ceremony	
	Women's Heavy weight (+78kg)	Bronze Medal Contest A	2
	Women's Heavy weight (+78kg)	Bronze Medal Contest B	2
	Women's Heavy weight (+78kg)	Gold Medal Contest	2
	Men's Half-heavy weight (-100kg)	Medal Ceremony	



JU	Judo	CHIZHOVKA Arena Training Site	CHIZHOVKA Arena FoP
Time	Competition	Competition Phase	Mat
Session JU02 Start: 17:00 End: 19:10			
	Men's Heavy weight (+100kg)	Bronze Medal Contest A	2
	Men's Heavy weight (+100kg)	Bronze Medal Contest B	2
	Men's Heavy weight (+100kg)	Gold Medal Contest	2
	Women's Heavy weight (+78kg)	Medal Ceremony	
	Men's Heavy weight (+100kg)	Medal Ceremony	



Day 5

Competition Day – Tuesday, 25 June 2019

JU	Judo	CHIZHOVKA Arena Training Site	CHIZHOVKA Arena FoP
Time	Training/Warm-Up	Mat	
09:00-18:00	Warm-Up	All mats	
Time	Competition	Competition Phase	Mat
Session JU01	Start: 10:30 End: 14:35		
	Mixed Teams Competition -57kg,-73kg,-70kg,-90kg,+70kg,+90kg	Elimination Rounds	1-3
	Mixed Teams Competition -57kg,-73kg,-70kg,-90kg,+70kg,+90kg	Semi-Finals/Repechage	2/1+3
Session JU02	Start: 16:00 End: 18:15		
	Mixed Teams Competition	Bronze Medal Contest A	2
	Mixed Teams Competition	Bronze Medal Contest B	2
	Mixed Teams Competition	Gold Medal Contest	2
	Mixed Teams Competition	Medal Ceremony	





Appendix 2. Competition Venue Map



APPENDIX 2

Competition Venue Map

CHIZHOVKA ARENA

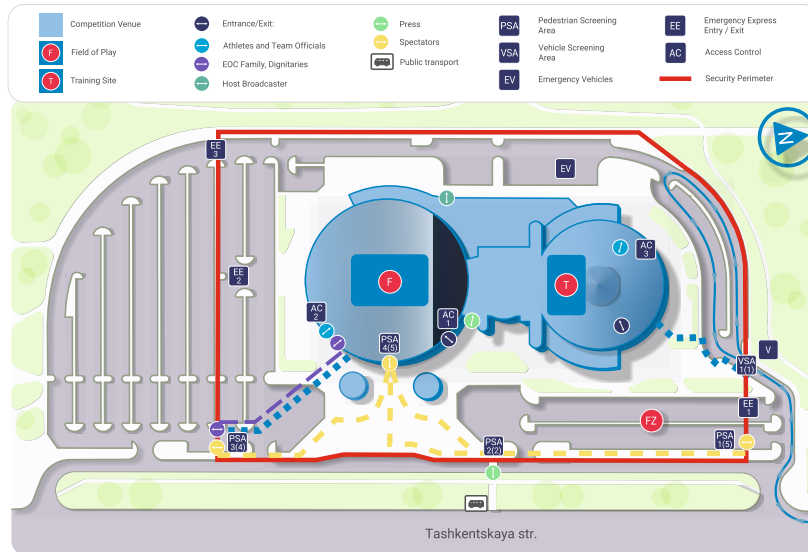
Capacity 7900
Distance from AVL 16 km/Travel Time 27 min



Judo



Karate



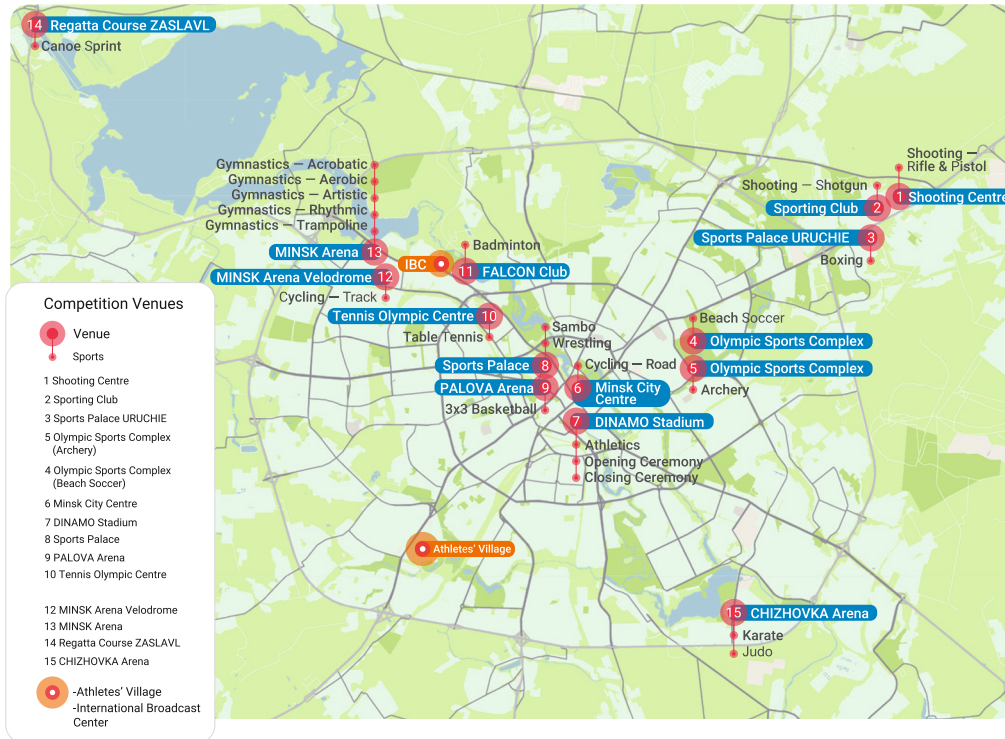


Appendix 3. Competition Venues Master Plan



APPENDIX 3

Competition Venues Master Plan





Appendix 4. List of Restricted and Prohibited Items



APPENDIX 4

List of Restricted and Prohibited Items at the sites of MINSK 2019

✓ - Permitted

R - Restricted

X - Prohibited

№	Item Description	Athletes' Village			Other Venues	
		Residents	Guests	Workforce including NOC Assistants	Athletes and Team Officials	Spectators
1	Cold steel, firearms, gas weapons or other types of weapons and their components	X	X	X	R Except for athletes and team officials at Shooting Centre and Sporting Club	X
2	Explosives, firing agents and ammunition, cartridges for gas weapons, capsules (pistons) for hunting weapons; items, the damaging effect of which is based on the use of combustible substances	X	X	R Except those involved in official fireworks	X	X
3	Simulators and imitation of cold steel, firearms, gas weapons or other types of weapons, explosives and ammunition	X	X	X	X	X
4	Toys, which resemble firearms or cold steel	X	X	X	X	X
5	Electroshock devices	X	X	X	X	X
6	Laser pointers and marker pens	X	X	X	X	X
7	Flails, brass knuckles, shuriken, boomerangs and other shock-crushing or throwing objects designed to be used as weapons	X	X	X	X	X
8	Pyrotechnics: signal and lighting flares, signal cartridges, landing grenades, smoke cartridges (grenades), demolitionist's matches, sparkles, railway detonators	X	X	X	X	X
9	Flammable liquids and gases	X	X	X	X	X
10	Gas sprays containing convulsant, tear or other similar agents	X	X	X	X	X
11	Non-pyrotechnic devices and mechanisms including homemade, used for dispersal or spraying of different materials and substances (party poppers)	X	X	X	X	X



12	Narcotic drugs and psychotropic substances, their analogs (also in the form of medicinal agents), toxic or other intoxicating substances, non-smoking tobacco goods such as dissolvable or (and) chewing tobacco	X	X	X	X	X
13	Toxic, poisonous or acrid substances	X	X	X	X	X
14	Oxidizing agents and organic peroxides	X	X	X	X	X
15	Toxicants, radioactive materials and corrosive substances	X	X	X	X	X
16	Advertising materials of any kind	X	X	X	X	X
17	Bulky objects and bags bigger than 40x40x45 centimeters in length, width, height	R Except personal luggage of AVL residents	R Except items that can be searched manually	R Except items that can be searched manually	R Except items that can be searched manually	X
18	Fragile items over 5 kg	X	X	X	X	X
19	Sports goods and equipment, including bicycles, segways, skateboards, kick scooters, etc.	R Except equipment for athletes' training and competitions	X	R Except with prior approval	R Except for items needed for training and competitions	X
20	Baby carriages;	✓	✓	X	✓	✓
21	Animals (except guide dogs, if relevant documents are available)	X	X	X	X	R Except guide dogs, if relevant documents are available
22	Foods and drinks	X	X	X	X	X
23	Alcohol, low-alcohol and energy drinks, beer	X	X	X	X	X
24	Aerosol sprays (except prescribed medicine)	R Except for items needed for repair and maintenance	X	R Except for items needed for repair and maintenance	R Except for items needed for repair and maintenance	X
25	More than 1 pack of drugs or more than 7 different titles (in any form, including aerosols, drops, syringes etc., in the factory original packing) of medication means, except drugs in volumes prescribed by a doctor's prescription (document in Russian or in English), upon presentation of such a recipe or its copies	X	X	X	X	X



26	Work tools	R Except for tools for equipment repair and maintenance	X	R Except for tools for equipment repair and maintenance	R Except for tools for equipment repair and maintenance	X
27	Thermoses and flasks	✓	X	X	✓	X
28	Other items, which resemble prohibited articles or their copies and analogs	X	X	X	X	X
29	Flags and banners larger than 2x1.5 m (except banners and flags, which are part of objects branding and signage)	✓	X	X	X	X
30	Flags, pennons, which are not registered in accordance with the established procedure; emblems, symbols, posters, banners and other items, the content of which is aimed at breakdown of social order, violation of the rights and legitimate interests of citizens as well as war propaganda, or is associated with extremist activities	X	X	X	X	X
31	All types of remotely controlled aerial devices (UAV)	X	X	X	X	X
32	Any kind of radio electronic and high frequency devices, except mobile phones	X	X	R Except for electronic tools for equipment repair and maintenance	R Except for electronic equipment for professional activity	X





Appendix 5. Glossary



APPENDIX 5

Glossary

Aa	Athletes
Ac	Chefs de Mission, Deputy Chefs de Mission
ADS	Arrivals and Departures System
Ao	Team Officials
ATo	Additional Team Officials
AVL	Athletes' Village
CCTV	Closed Circuit Television
DCO	Doping Control Officer
DCS	Doping Control Station
DSA	Different Sport Athletes
EF	European Federation
EFH	EOC Family Hotel
EGIAC	European Games Identity and Accreditation Card
EJU	European Judo Union
EOC	European Olympic Committees
FoP	Field of Play
GRN	Games Route Network
GSA	Government Security Authority
IF	International Federation
IJF	International Judo Federation
IOC	International Olympic Committee
ITO	International Technical Official
LANS	Language Services
LAR	Late Athlete Replacement
MEGOC	MINSK 2019 European Games Organising Committee
MKAD	Minsk Ring Road



MSQ	National Airport Minsk
NADA	National Anti-Doping Agency
NOC	National Olympic Committee
NTO	National Technical Official
PSA	Pedestrian Screening Area
PVC	Pre-Valid Card
RFT	Request-for-Transport
ROC	Republican Organising Committee
SBCCS	Security, Border Control and Customs Subcommittee of the Republican Organising Committee
SIC	Sport Information Centre
SID	Sport Information Desk
SSA	Same Sport Athletes
T-A	Athletes' Transport System
T-AB	Athletes' Transport System (Airport Bus)
T-B	Hub Bus Transport System
T-P	Public Transport System
T-X	Taxi Services
UDAC	Uniform Distribution and Accreditation Centre
VAHO	Venue Accreditation Help Office
VSA	Vehicle Screening Area
WADA	World Anti-Doping Agency



Competition Venues

CZA	CHIZHOVKA Arena
DST	DINAMO Stadium
FLC	FALCON Club
MSA	MINSK Arena
MSR	Minsk City Centre
MSV	MINSK Arena Velodrome
OCA	Olympic Sports Complex (Archery)
OCB	Olympic Sports Complex (Beach Soccer)
PLA	PALOVA Arena
RGZ	Regatta Course ZASLAVL
SHC	Shooting Centre
STC	Sporting Club
STP	Sports Palace
STU	Sports Palace URUCHIE
TOC	Tennis Olympic Centre





MINSK 2019

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