



# GYMNASTICS – TRAMPOLINE

## Team Leaders' Technical Manual



# DISCLAIMER

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All information in this Manual was correct at the time of going to press. Changes to schedules, procedures, facilities and services, along with any other essential updates, will be communicated to teams by competition management if required. Changes to the competition schedule will also appear on the Games-time website, while any changes to the training schedule will be communicated by the Sport Entries and Sport Information Centre (hereinafter –SIC) in the Athletes' Village (hereinafter –AVL) and Sport Information Desk hereinafter (hereinafter –SID) in MINSK Arena, which is the Venue for Gymnastics-Trampoline.



# WELCOME

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The 2nd European Games Minsk 2019 (MINSK 2019) will welcome more than 4,000 Athletes, more than 2,000 supporting Team Officials and about 1,000 Technical Officials from across Europe to participate in an elite-level sport competition.

We aim to provide all participants with optimal conditions so that they are able to perform at their best. This Manual will help with preparations and Games-time operations as it provides key information including the relevant competition rules and format, medal events, competition schedule and key dates. Each client group – Athletes, Team Officials – also has its own dedicated section within the Manual that includes the information that is relevant to it.

The Manual also includes details of the relevant venue, medical, anti-doping, training and competition related services, as well as the key policies and procedures that will be in place during the Games for each client group.

We hope that this Manual helps with your planning in the time remaining before MINSK 2019. Hard copies of this Manual will be provided to each client group upon arrival in Minsk.

We look forward to welcoming you in Minsk for 10 days of competition that puts sport first and supports tradition for the next editions of the European Games

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# 1. GENERAL INFORMATION

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The Trampoline Gymnastics competition at MINSK 2019 will be held from 24 to 25 June 2019 at MINSK Arena.

A maximum of 48 athletes, 24 men and 24 women may take part in the Trampoline Gymnastics competition.

According to the Fédération Internationale de Gymnastique (FIG) and Union Européenne de Gymnastique (UEG) Technical Regulations, all athletes participating in the Trampoline Gymnastics competition at the Minsk 2019 European Games must be a minimum of 17 years. All of them must have a valid FIG licence.

There will be no qualifications in Trampoline Gymnastics for Tokyo 2020 at MINSK 2019.





## 1.1. Key Dates

Date	Event
20 May 2019 (by 23:59 CET)	Sport Entries Submission Deadline
18 June 2019	AVL Official Opening
21 June 2019	Arrival Day
21 June 2019	MINSK 2019 Opening Ceremony
22 – 23 June 2019	Free Training
22 June 2019	Team Leaders' Meeting
24 June 2019	Podium Training Start of the Trampoline Gymnastics Competition
25 June 2019	Podium Training End of the Trampoline Gymnastics Competition
27 June 2019	Departure Day
30 June 2019	MINSK 2019 Closing Ceremony
3 July 2019	AVL Official Closing

## 1.2. MEGOC Competition Management

Competition Management	
Position	Name
Trampoline Gymnastics Competition Manager	Andrey FEDARAU – Coordinator for all Gymnastics Disciplines
Gymnastics Venue Manager	TBD

## 1.3. Union Européenne De Gymnastique (UEG)

Position	Name	NOC Code
UEG President	Farid GAYIBOV	AZE
UEG General Director	Lisa WORTHMANN	GER
UEG Trampoline Technical Delegate	Vladimir ZEMAN	CZE

Technical Delegate for all Gymnastics Disciplines	Linda DAVILA	SUI
Technical Delegate for all Gymnastics Disciplines	Claire TURNER	SUI

## 1.4. Jury of Appeal (for all Gymnastics Disciplines)

Jury of Appeal	
President	1 person nominated by UEG
Member	1 person nominated by UEG
Member	1 person nominated by MEGOC

## 1.5. Superior Jury, International Technical Officials (ITOs)

UEG shall appoint all ITO's before 31 December 2018.

The total number of ITOs is 20, including seven (7) members of Technical Committee / Superior Jury.

Superior Jury		
Position	Name	NOC Code
UEG Technical Delegate and Superior Jury President	Vladimir ZEMAN	CZE
Technical Committee and Superior Jury Member	Konrad BOJAKOWSKI	POL
Technical Committee and Superior Jury Member	Irina KARAVAEVA	RUS
Technical Committee Member	Luis NUNES	POR
Technical Committee Member	Patrick SIEGFRIED	GER
Technical Committee and Superior Jury Member	Mariela STOYCHEVA	BUL
Technical Committee and Superior Jury Member	Babette VAN WETERING	NED

ITOs	
Chair of Judges Panel	1
Difficulty Judges	2
Execution Judges	6
Horizontal Displacement	2
Reserve Judge	2

## 1.6. National Technical Officials (NTOs)

The Belarus Gymnastics Association in cooperation with MEGOC shall appoint NTOs.

The total number of NTOs will be provided at a later stage.

## 1.7. Medal Events

The Trampoline Gymnastics competition will consist of four (4) Medal Events summarised below.

Men's Events (2)	Women's Events (2)
Synchronised	Synchronised
Individual	Individual

## 1.8. Competition Format

### 1.8.1. Qualification

All participants must take part in the Individual Qualification in order to achieve a place in the Individual Finals. The qualification stage is composed of a first routine with special requirements and a second voluntary routine, as per the valid Trampoline FIG Code of Points. The starting order for the qualification stage will be decided by a draw.

### 1.8.2. Finals

The six (6) highest-ranked Gymnasts from the Individual Qualification will be qualified for the corresponding Individual Finals.

All eight (8) qualified Synchronised Pairs (Men and Women) will compete at once in Finals without preliminary qualification.

In the Finals, Gymnasts and Pairs will perform only one (1) voluntary routine of 10 different skills without limitations. A maximum of one (1) individual and synchronised pair per NOC is allowed in the Finals.

## 1.9. Competition Rules

The Trampoline Gymnastics competition will be held in accordance with the following documents editions that are in force at the time of the Games:

- FIG and UEG Statutes;
- FIG and UEG Technical Regulations;
- FIG Code of Points, relevant Newsletters;
- FIG General Judges' Rules;
- FIG Specific Judges' Rules;
- FIG Anti-Doping Rules;
- UEG Medical Guidelines;
- FIG License Rules;
- UEG Media Rules;
- FIG Apparatus Norms;
- FIG Code of Ethics;

- MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines;
- FIG Rules for Sanctioning of International Events and subsequent decisions of the UEG Executive Committee.

The rules are available on the FIG website and UEG Intranet:

<http://www.fig-gymnastics.com/site/rules/rules.php>

<http://www.ueg.org/en/intranet/index.html>

### 1.9.1. Judges and Scoring

Timing and Scoring Results Supplier will be appointed to deliver the timing and scoring for Trampoline Gymnastics competitions (as for other Gymnastics disciplines) during MINSK 2019.

ITOs will be nominated by the UEG Technical Committee. The ITOs must be holders of the FIG judging Brevet proper category. All the judges' positions will be selected by a draw during the judges meeting.

### 1.9.2. Inquires of Score

Inquiries for the difficulty scores are allowed, provided that they are made verbally immediately after the publication of the score or at the very latest before the end of the exercise of the following Gymnast or Pair; for the last Gymnast or Pair of a rotation, this limit is one minute after the score is shown on the score board. The person designated (Inquiry Officer) will be seated near to the Technical Table and when receiving the verbal inquiry has to note the time of receiving it and starts the procedure.

Only the accredited Coaches in the competition area are entitled to submit an inquiry. Late verbal inquiries will be rejected. A federation is not allowed to complain against the scores of a Gymnast or Pair from another federation. Inquiries for all other scores (Execution, Horizontal Displacement, Time of flight and Synchro) are not allowed.

The inquiry must be confirmed as soon as possible in writing, within 4 minutes at the latest after the verbal inquiry and requires an agreement of payment of: 300,00 Euros – for the first complaint, 500,00 Euros – for the second complaint and 1000,00 Euros – for the third and any further complaints during the discipline's event. Should the inquiry not be confirmed in writing within the fixed deadline minutes, the procedure becomes obsolete.

If the inquiry is refused, the amount will be invoiced later on and must be paid within 3 months. If the inquiry is accepted, no amount will be requested.

Every inquiry must be examined by the Superior Jury and a final decision must be taken at the very latest:

- At the end of the rotation/group for the qualifying competitions, the all-around competitions;
- Before the score of the following Gymnast or Pair is shown for the finals.

### 1.9.3. Clothing and Equipment

Clothing and equipment used by Athletes and other participants in the Trampoline Gymnastics competition must comply with the following documents:

- FIG and UEG Statutes;
- FIG and UEG Technical Regulations;
- FIG Code of Points, relevant Newsletter;
- MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines.

## 1.10. MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines

The following Rules for MINSK 2019 are based on Rule 50 of the Olympic Charter. IOC Rule 50 will apply in conjunction with the IOC Guidelines issued and in force at the 2016 Olympic Games:

- The European Olympic Committees (EOC) determines the principles and conditions under which any form of advertising or other publicity may be authorised;
- No form of advertising or other publicity shall be allowed in and above the stadia, venues and other competition areas which are considered as part of the European Games sites other than that relating to the contractual rights of the marketing partners of MINSK 2019;
- No kind of demonstration of political, religious or racial propaganda is permitted at any of the European Games sites, venues or other areas;
- These rules and any other manuals, guides, guidelines or instructions issued by the EOC Executive Committee apply to all persons holding accreditation for the Games and are a pre-condition to the ongoing validity of that accreditation.

### 1.10.1. Manufacturer's Identification on Equipment and Clothing

Definition: Manufacturer's Identification means normal display of the name, designation, trademark or logo. The Manufacturer's Identification can only appear once on each piece. The standard graphic elements recognised by the World Federation of the Sporting Goods Industry (e.g. adidas 'three stripes') may also be used within reason and subject to prior written agreement. Other identifications such as 'Goretex' and 'Dryfit' may also be used within reason subject to prior written agreement. The size of these may not be larger than the Manufacturer's Identification.

All approvals must be requested via [brand@minsk2019.by](mailto:brand@minsk2019.by).

- Other than the Manufacturer's Identification, produced according to the size guidelines shown below, and standard graphic elements no form of publicity or propaganda, commercial or otherwise, may appear on persons or on any article of clothing or equipment worn or used by the Athletes or other participants at MINSK 2019. It also includes, but is not limited to, for example, any form of body art, jewellery;
- Equipment: any Manufacturer's Identification used cannot take up more than 10% of the surface area of the equipment visible during competition up to a maximum size of 60cm<sup>2</sup>. Exceptions may be applied, subject to prior written agreement ([brand@minsk2019.by](mailto:brand@minsk2019.by));
- Headgear and gloves: the maximum size of the Manufacturer's Identification allowed on any form of headgear and gloves is 6cm<sup>2</sup>. Headgear includes, but is not limited to, hats, helmets, sunglasses and goggles;
- Clothing (e.g. NOC uniforms, competition clothing, tracksuits, T-shirts, shorts, sweat tops and sweat pants): the maximum size allowed for any Manufacturer's Identification on clothing is 30cm<sup>2</sup>;
- There is one exception: where a one-piece body suit is worn in competition, two Manufacturer's Identifications may be included – one above the waist and one below. These Identifications must not be placed next to each other;
- Shoes: the normal distinctive design pattern of the manufacturer may appear on shoes. The manufacturer's name and/or logo may also appear, up to a maximum size of 6cm<sup>2</sup>, either as a part of the normal distinctive design pattern or separate to it;
- Technical gear: the maximum size of the Manufacturer's Identification on all technical gear, installations and other apparatus which are neither worn nor used by Athletes or other participants (for example, timing equipment and scoreboards), may be no larger than 1/10th of the height of the piece in question (up to a maximum of 10 cm high);
- In case of special rules adopted by the FIG or UEG, exceptions to the rules mentioned above may be approved by the EOC Executive Committee;
- Any violation of these rules may result in disqualification or withdrawal of the accreditation of the person concerned. The decisions of the EOC Executive Committee regarding this matter shall be final.

### 1.10.2. NOC Uniforms

The official uniforms of the NOCs may include:

- Symbols of the country (name of the country, national flag, emblem, etc.);
- Emblem of the NOC;
- MINSK 2019 Logo;

- Emblem of the respective National Sport Federation (on competition kit, only where permitted by the NOC).

The NOCs are requested to bring a sample of the competition uniform to the Technical Meeting for the final check in order to avoid any problems on the FoP.

NOCs should seek prior written approval from MEGOC for their uniforms' design before production begins. Pictures featuring the branding should be sent to [brand@minsk2019.by](mailto:brand@minsk2019.by) for review and official approval.

### 1.10.3. Athlete Conduct

During MINSK 2019 Athletes' ongoing accreditation is conditional upon them not:

- Taking any sport equipment and national flag onto the podium and/or wearing sunglasses and headphones during a Medal Ceremony;
- Making any kind of demonstration or being involved in political, religious or racial propaganda at any European Games venue or associated areas during the period of the Games.

## 1.11. Late Athlete Replacement (LAR) Policy

The deadline for Sport Entries of participating Athletes for MINSK 2019 is 20 May 2019.

However, where urgent medical problems arise, or in other exceptional circumstances that are assessed on a case-by-case basis, the EOC may permit permanent replacement of one Athlete with another only in the same sport, discipline and event.

During MINSK 2019, it is the policy of the EOC that P-accreditations are not available.

Replacement of an Athlete can only occur after consultation with the relevant European Federation (EF) and, when deemed necessary by the EOC, an EOC medical expert.

Replacement of Athletes due to medical reasons after 20 May 2019 and up to 2 hours prior to the Sport Technical Meeting, is possible, providing:

- The replacement Athlete is entitled and qualified to take part in MINSK 2019 as stipulated in the Qualification systems issued in 2018 and regularly updated by the EOC and MINSK 2019 European Games Operations Committee (MEGOC);
- No doping control issues are pending concerning the replacement Athlete;
- The NOC of the replacement Athlete has to apply for accreditation for the Athlete prior to the application for accreditation deadline (28 February 2019).

Non-Medical replacement of Athletes is possible after 20 May 2019 and up to 24 hours prior to the Sport Technical Meeting.

NB: Deadlines for Medical and Non-medical replacements are different.

For Non-Medical replacements, in order to keep changes at a manageable level and support a sustainable level of resourcing within the MEGOC Sport Entries team, a limit on changes to an NOC's delegation has been put in place.

Each NOC shall be allocated a quota for Non-Medical replacements based upon the NOC's overall number of Athletes.

Number of Athletes	Quota for Non-Medical LAR
From 1 to 10	1
From 11 to 20	2
From 21 to 50	5
From 51 to 100	10
From 101 to 150	15
From 151+	20

Following confirmation from the MEGOC Sport Entries team that the submission procedure has been correctly completed an application for LAR shall be approved by:

- Technical Delegate for the relevant sport or discipline, on behalf of the IF/EF;
- Designated representative of the EOC.

The following additional procedures must also be carried out in order for one Athlete to be replaced by another:

- a) The relevant NOC must fill out an Official Athlete Replacement Form for the Athlete being replaced and the replacement Athlete.
- b) The relevant NOC must add the new Athlete's details to the Eligibility Conditions Form which they already hold and, when required, to the Sport Entry Form for the replacement Athlete.
- c) The accreditation card of the replaced Athlete must be withdrawn.

Following the Athlete replacement, the accreditation card of the replaced Athlete shall be cancelled. Procedures relating to the replaced accreditation card will be released in due course.

Once a replacement Athlete has been approved, that individual Athlete cannot be replaced for Non-Medical reasons.

All documentation and queries regarding this matter should be sent by email or submitted in person to the MEGOC Sport Entries department:

- In AVL –SIC;
- By email: [entries@minsk2019.by](mailto:entries@minsk2019.by)



The MEGOC Sport Entries Office will forward all received queries to the MEGOC Accreditation team and to the EOC accordingly.

It is effective:

- For Non-Medical Replacements – from 20 May 2019 until up to 24 hours prior to the Sport Technical Meeting for that event;  
For Medical Replacements – from 20 May 2019 until up to 2 hours prior to
- the Sport Technical Meeting, for that event.

Waiver:

The above-noted policy is subject to further change by the EOC for exceptional circumstances.

## 1.12. Doping Control

MEGOC is committed to delivering a world-class Doping Control Programme during MINSK 2019. Under the authority and direction of the EOC, the MEGOC Doping Control Programme will ensure the integrity of sport is upheld and protect the rights and health of the Athletes. The FIG Anti-Doping Rules will be respected.

The EOC Medical and Anti-Doping Commission in collaboration with the UEG is responsible for determining in advance the distribution and number of doping controls to be carried out throughout the Games period.

The EOC has the authority to test Athletes for substances and doping methods (both urine and blood) prohibited by the World Anti-Doping Agency (WADA) anytime and anywhere from the date of arrival in AVL and up to the end of the competition.

All analyses of samples will be performed at the WADA-accredited laboratory in Austria.

The selection of Athletes may be targeted, random, based on the Athletes' final position in competition as well as intelligence or the FIG Anti-Doping Rules.

MEGOC has appointed NADA Belarus as the operational delivery partner for the Doping Control Programme. As the operational delivery partner, it will be responsible for sample collection, secure chain of custody and analysis at the WADA-accredited laboratory.

Further details on the Doping Control Programme and procedures at the European Games will be available in MINSK 2019 Medical, Anti-Doping and Pharmacy Guide which will be provided in February 2019. Printed copies of the Guide will be distributed at the EOC Medical Commission meeting.

If Medical Staff arrive after the due date, copies of the Guide can be collected at the AVL Polyclinic.

Athletes selected for Doping Control will be notified in person and escorted to the Doping Control Station (DCS) by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. The notified Athlete may invite a team representative or team doctor to the DCS along with them.

## 1.13. Sport Information

### 1.13.1. Sport Information Centre (SIC) and Sport Information Desk (SID)

SID is located at the Venue in MINSK Arena. SIC is located in AVL. The desks will provide a variety of services to NOCs as follows:

- Provision of specific sport information;
- Distribution of start lists, draw lists and results;
- Provision of training schedule information;
- Provision of Sport-specific requirements.

SIC will be located at the Administration Centre in AVL. The operating hours are as follows:

SIC Operating Hours	
Period	Operating Hours
Pre-Opening: from 15 to 17 June 2019	07:30 – 20:00
Official Opening Period: from 18 to 30 June 2019	07:00 – 22:00
Official Closing: from 1 to 3 July 2019	08:00 – 20:00

SID operating hours at the MINSK Arena are as follows:

Period	Operating Hours
22 June 2019	07:00 – 20:00
23 June 2019	07:00 – 20:00
24 June 2019	07:00 – 20:00
25 June 2019	07:00 – 20:00

## 1.14. Competition Schedule

During the Games there may be delays, postponements or cancellations of competition. Should this occur, NOCs will be informed of the revised competition schedule through SIC in AVL and SID at the Competition Venue. For details on both, please refer to article 1.13.1. Changes will also appear on the Games-time website at [www.minsk2019.by](http://www.minsk2019.by).

For detailed information, please refer to Appendix 1.

## 2. VENUE INFORMATION

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## 2.1. Key Information

During MINSK 2019 MINSK Arena will host all five Gymnastics Disciplines. MINSK Arena sports and entertainment complex is one of the largest in Europe. It consists of three (3) facilities: a multifunctional sports and entertainment arena, a skating stadium and a velodrome.

MINSK Arena will host 8,000 spectators for Gymnastics Events at MINSK 2019. Also it has commentator boxes on the upper level and the heaviest in Europe eight-screen plasma video cube.

Distance from AVL is 13 km. Travel time is 20 minutes.

**Venue address:**

MINSK Arena  
Pobeditelei Avenue, 111  
220020 Minsk, Belarus

## 2.2. Venue Access

Direct access from AVL to MINSK Arena will be available on training and competition days. This will be performed via the T-A system. Athlete load zones are located in AVL and the drop-off point for Athletes is on the Venue territory.

Athletes are to arrive at the Venue according to the competition and training schedule.

Athletes who are not competing or training may watch the event from the Athletes' area in the spectators' stands. Volunteers will help to guide Athletes to the stands from the Venue drop-off point.

## 2.3. Field of Play (FoP)

Competitions of all five (5) Gymnastics Disciplines will be held on the same FoP. Therefore, transition of apparatus will be done on the FoP at the time between changes of Gymnastics Disciplines, if it will be necessary, and will be supervised by an official Gymnastics apparatus supplier of the FIG and UEG.

The Gymnasts will perform their routines on their allocated trampolines installed on a gymnastics podium.

All equipment will be presented in accordance with current FIG Apparatus Norms.

## 2.4. Venue Facilities and Services

### 2.4.1. Athletes' Changing Rooms

The changing rooms will be provided for Gymnasts at the Competition Venue. Toilet facilities can be accessed from the same location as the changing rooms.

## 2.4.2. Athletes' Lounge

A lounge for Athletes and their Support Staff will be located at the Venue. Every Competition Venue will offer a refreshment station.

## 2.4.3. Broadcast Mixed Zone and I-Zone

Broadcast Mixed Zone will be located near FoP.

I-Zone will be located inside or near the Venue Media Centre.

## 2.4.4. Catering Services

Every Competition Venue will offer a refreshment station from the first day of training until the final day of competition. This service will be available 90 minutes before the competition session begins and until one hour after the end of the session.

The following refreshments will generally be provided for Athletes and Team Officials at Competition Venues:

- Tea and coffee;
- Whole fruits (bananas, apples and oranges);
- Quality biscuits (packaged);
- Granola bars (e.g., nutrigrain bars or similar);
- Still water (chilled and ambient) – 500ml;
- Soft drinks – 500ml.

## 2.4.5. Doping Control Station (DCS)

DCS will be located on functional Doping Control Station, Level 1, staff Entrance #2.

## 2.4.6. Language Services (LANS)

LANS Volunteers with strong language skills will be selected and trained to take the role of LANS assistants and provide language support at all Competition Venues as well as some Non-Competition Venues.

Different European languages will be available, but each pool of LANS assistants will always include volunteers able to work with the combination of English and Russian.

## 2.4.7. Lost and Found

All reports of lost items at MINSK Arena should be directed to SID. This is also the location where all found items should be delivered. Items will be kept at the Venue until the end of the Trampoline Gymnastics competition, at which point they will be transferred to SIC in AVL.

## 2.4.8. Medical Services and Facilities

Medical services will be provided at Competition Venues, Training Sites and Non-Competition Venues. These services will be backed up by services at AVL Polyclinic and designated MINSK 2019 Hospitals.

Emergency services for Athletes and Team Officials will be available at each Competition Venue.

Fully equipped ambulances, staffed with doctors and nurses, will provide medical services at the Venue and/or transfer patients to MINSK 2019 Hospitals.

Medical services will generally be available two hours before the start of competition and until one hour after competition ends. Please check with SID or Venue Medical and Anti-Doping Coordinator for timing details.

Athletes injured on the FoP during competition or training will be evaluated on site. If necessary, they will be retrieved from FoP and transported to the Athlete Medical Room, AVL Polyclinic or MINSK 2019 Hospital, as appropriate.

FoP response will abide by the FIG Rules.

The following medical services will be provided at the Venue:

- FoP recovery teams staffed by a physician\* and nurse;
- Athlete Medical Room staffed by a physician\* and nurse;
- Emergency services staffed by an Advance Life Support (ALS) trained physician and nurse.

\*Venue physicians are sports medicine specialists trained in physical therapy as well.

All details on the Games-time, medical services will be available in MINSK 2019 Medical, Anti-Doping and Pharmacy Guide in February 2019. Printed copies of the Guide will be distributed at the EOC Medical Commission meeting (Games-time). If Medical Staff arrives after this meeting, copies of the Guide can be picked up at AVL Polyclinic reception.

### 2.4.9. Sport Information Desk (SID)

The location of SID at MINSK Arena will be decided at a later stage.

For more details, please refer to article 1.13.1.

### 2.4.10. Venue Evacuation and Emergency Procedures

In case of emergency, a public announcement message providing instructions will be broadcast within the Venue. On hearing the evacuation message, officials and guests are asked to follow the directions of MEGOC workforce and leave the Venue via indicated routes.

## 2.5. Weather Information

For sports that are directly impacted by weather conditions information will be available at SIC in AVL and SID at the Venue. This will include forecast for the current day as well as summary forecast for up to three days in advance. The weather forecast will be regional and will be updated throughout the day as required.

Meteorological Elements in June	Minsk
Mean Temperature (°C)	17.3
Maximum Mean Temperature (°C)	22.5
Minimum Mean Temperature (°C)	12.6
Mean Wind Speed (m/s)	1.3
Maximum Wind Speed (m/s)	4.9
Prevailing Wind	North-West
Monthly Precipitation (mm)	82.9

# 3. ATHLETES' INFORMATION

## FREQUENTLY ASKED QUESTIONS

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## 3.1. Essential Information and Emergencies

### What is the phone number to dial in an emergency?

In case of emergency within MINSK 2019 Competition and Non-Competition Venues, including AVL, Athletes and Officials are asked to contact the nearest MINSK 2019 representative directly for the most efficient assistance.

In case of emergency outside of MINSK 2019 Competition and Non-Competition Venues, including AVL, Officials and guests are asked to use the following phone numbers:

"112" will be the general Crisis Centre (Fire emergency, Police and Ambulance);

"101" Fire Emergency;

"102" Police;

"103" Ambulance.

If the caller does not speak Belarusian or Russian, the Emergency Dispatcher will connect the caller to English-speaking Emergency Services personnel.

### What languages are most commonly spoken?

State languages are Belarusian and Russian. The official language of the 2nd European Games MINSK 2019 will be English.

### How can I get medical treatment?

There will be a Polyclinic in AVL and medical services will be provided at all Competition Venues (see article 2.4.8).

Hospital and ambulance services will be provided free of charge for the entire AVL operational period. These services will include treatment of acute illnesses and injuries or acute exacerbations of pre-existing illnesses and injuries.

AVL Polyclinic will be located in the residential building and offer a variety of medical services as well as emergency services within the perimeter of AVL.

### Where can I report an item lost or found?

In AVL all items found and reports of lost items should be delivered to the nearest Resident Centre. Items will be stored at the Resident Centre until the end of the day and afterwards be transferred to one of the Resident Centres operating on a 24-hour basis.

For information on lost and found services at Training Sites and Competition Venues, please refer to article 2.4.9.

### How can I use services of an interpreter?

MEGOC LANS Team Members will provide interpretation services at the Competition Venues and in AVL.

### How do I make an international telephone call via landline?

In order to make a call abroad from Belarus, dial "8 – (signal) – 10", then the relevant country code and telephone number.

### What currency is used in Belarus?

The currency in Belarus is the Belarusian ruble (BYN). One hundred coins equals one ruble and ruble notes come in 5, 10, 20, 50, 100, 200 and 500 denominations.

ATMs will be available in AVL.

## 3.2. Accreditation

### What should I do if my European Games Identity and Accreditation Card (EGIAC) is lost, stolen or damaged?

MINSK 2019 Accreditation team must be immediately informed if any EGIACs are lost, stolen or damaged. A new card will be issued on presentation of a request for accreditation card replacement from the NOC.

For accreditation facilities, please refer to paragraph 6.1.

## 3.3. Transport

### What services are provided by the T-A system?

A range of services will be provided, including arrivals and departures and connections between Competition Venues and AVL.

For a full list of services, please refer to article 6.2.2.

### Is Minsk Public Transport System free?

Free access to the MINSK 2019 Public Transport System (metro, city rail, bus, trolleybus and tram lines) will be granted to all accredited MINSK 2019 participants (see article 6.2.5).

### Which side of the road should I drive on?

In Minsk you must drive on the right-hand side of the road. Cycling training on any roads within Minsk and Belarus will not be permitted, except the designated cycle path along Pobeditelei Avenue.

## 3.4. ATHLETES' VILLAGE (AVL)

AVL will be used in order to accommodate the Athletes and Team Officials participating in MINSK 2019.

The residential area in AVL includes rooms that will provide comfortable environments for Athletes and Officials during their time in Belarus. All menus are developed in cooperation with caterers and sport nutritionists, and will offer a diverse range of nutritious European food options. A number of recreation facilities (incl. Track and Field stadium) as well as efficient transport services to both Competition Venues and Training Sites will be available to AVL residents.

### Alcohol and Smoking

AVL is a non-smoking venue. Smoking is strictly forbidden within any buildings. A limited number of outside smoking areas will be available throughout AVL and will be clearly marked. Please note that consumption of alcohol and alcoholic beverages is strictly prohibited within AVL.

### Internet Access

There will be free Wi-Fi available for all residents allowing them to access internet spots in all spaces.

### Where can I find the nearest place of worship?

There will be a Multi-Faith Centre in AVL.

### Laundry

A number of serviced laundry facilities will be available for AVL residents.

### AVL Zones

AVL consists of two zones: the Residential Zone and the Operational Zone. Athletes and Team Officials will have access only to the Residential Zone. The Operational Zone is the area providing support services for the effective operation of AVL.

The Flag Square is a hub of activity within AVL. It will host the Athlete Welcome Ceremony at 18:00 on 20 June 2019 followed by an AVL entertainment programme.

### What catering facilities are available in AVL?

A wide range of food options are available in AVL. They include the Main Dining Hall, Best of Belarus casual dining area, a number of cafes.

## 3.5. Sport

**Are there restrictions on what I may wear during training and competition at the Games?**

Restrictions on clothing and equipment are outlined in MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines (see paragraph 1.10).

**Will I be asked to undergo a doping control test?**

Athletes may be selected to undergo one or more doping control tests during the Games.

For guidance on the doping control test procedures, please refer to paragraph 1.10.

**How can I get training and competition schedules and day's results?**

Team Officials will have access to SIC in AVL where training schedules and other key competition information will be available. Both Athletes and Officials can also access these services by visiting SID at the Venue.

For more information on these services, please refer to article 1.13.

Detailed competition schedules and official results will be available on the Games-time website at [www.minsk2019.by](http://www.minsk2019.by).

**What facilities can I use at competition venues and training sites?**

A list of facilities at MINSK Arena is provided in the Competition Venue Information and Training Information sections within this Manual (see Sections 2 and 5).

## 3.6. Tickets

**How can I get sport tickets for guests?**

On 1 December 2018, tickets for MINSK 2019 will go on sale to the general public on the territory of the Republic of Belarus and from 1 March 2019 go on sale to the general public worldwide.

MEGOC will conduct international sales directly through Ticket Sales webpage and Official Resellers on their territory during the period of public sales in Belarus.

International public purchasers will be able to buy tickets through the online ticket sales platform of MEGOC and MINSK 2019 Official Ticket Operator (OTO), as well as at the City Ticket Outlets or Venue Ticket Box Offices during Games time and AVL Ticket Box Office.

### Am I eligible for complimentary sport tickets?

Complimentary sport tickets programme will be developed by November 2018.

## 3.7. Social Media

### May I tweet or blog about the Games?

MEGOC wishes to sensibly and proactively embrace social media as a valuable tool to share the excitement of the Games with spectators, supporters and the global public. There are many different ways to use social media, but MEGOC requires that all accredited persons do so thoughtfully, courteously and according to the values of the Games and the EOC.

Accredited persons must not capture pictures, video/audio for commercial purposes.

Accredited persons must not include any commercial references in connection with any European Games content posted on their social media accounts.

## 3.8. Ceremonies

### How can I learn more about the MINSK 2019 Opening and Closing Ceremonies?

MINSK 2019 will begin with the Opening Ceremony on Friday, 21 June 2019 and conclude with the Closing Ceremony on Sunday, 30 June 2019.

NOCs Assistants will be informed on all details of the Athletes' Parade in advance to be as helpful to the teams as possible during the ceremonies.

The meetings of Chefs de Mission will be held in AVL one day before the ceremonies, respectively on 20 June and 29 June 2019. These meetings will be joint MEGOC/EOC briefings where representatives of all delegations will get related information and instructions on the ceremonies.

### If I take part in a Medal Ceremony, what should I wear?

Athletes taking part in a Medal Ceremony must adhere to the regulations regarding both dress and conduct outlined on article 1.9.3 and 1.10.2.

### 3.8.1. Opening Ceremony

MINSK 2019 Opening Ceremony will be held at the DINAMO Stadium on Friday, 21 June 2019 at 21:00.

Athletes will be delivered to the Opening Ceremony Venue by buses. Distance from AVL to the stadium is about 9 km; travel time is about 20 minutes.

According to the EOC decision all accredited Athletes and six (6) Team Officials residing in AVL on the day of Opening Ceremony will be allowed to march in the Athletes' Parade at the Opening Ceremony.

The Parade will begin with Greece entering the DINAMO Stadium first and Host country Belarus being last. Following the parade, Athletes will be guided to their allocated seating in the stands of the stadium.

All participants of the Athletes' Parade wishing to leave the ceremony before its completion will be provided with an early departure opportunity.

### 3.8.2. Closing Ceremony

The Closing Ceremony will be held at the DINAMO Stadium on Sunday, 30 June 2019. The ceremony will be broadcast live from 21:00. According to the EOC decision all accredited Athletes and six (6) Team Officials residing in AVL on the day of Closing Ceremony will be allowed to march in the Athletes' Parade at the Closing Ceremony.

Marching Athletes will be delivered to the stadium for the Closing Ceremony by buses.

### 3.8.3. Marching Athletes and Officials

Under no circumstances may participants of the Opening and Closing Ceremonies display any form of advertisement or propaganda – commercial, political or otherwise – on any item worn or in any other manner that is visible on camera. Participants may not use selfie sticks during the Parade.

# 4. TEAM LEADERS' INFORMATION

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## 4.1. Pre-competition Procedures

### 4.1.1 Draw of Starting Order

The draw of starting order will take place at the Trampoline Gymnastics Test Event (FIG TRA World Cup), which will be held in Minsk from 18 to 22 April 2019.

### 4.1.2. Team Leaders' Meeting

**Date:** 22 June 2019

**Time:** 12:00

**Location:** MINSK Arena

UEG General Director, Technical Delegates, MEGOC Trampoline Gymnastics Competition Manager and Venue Manager will preside over the meeting.

Each participating NOC is required to attend, with a maximum of two (2) delegates per NOC, accompanied by a LANS Team member or an NOC Assistant, if necessary. They should bring with them the meeting agenda and their copy of the Team Leaders' Technical Manual. The judges are not invited to the Technical Meeting.

### 4.1.3 Arriving at the Venue

All Gymnasts should arrive at MINSK Arena for their scheduled warm-up time. Team Officials should go to SID to collect all the necessary information for the day. Gymnasts and Team Officials will need to have their accreditation in order to be allowed access to the Venue. Without accreditation, access will not be possible.

For detailed information on venue access, please refer to paragraph 2.2.

### 4.1.4. Submission of Competition Cards (including Difficulty Cards)

A set of competition cards for Trampoline Gymnastics will be available at SID at MINSK Arena.

All cards should be completed and submitted to SID no later than 22 June 2019 at 20:00.

### 4.1.5. Podium Training

Podium training will be held on the FoP on 24 June 2019 and 25 June 2019 before the start of competition and will be open to media. Podium training are intended for Gymnasts to get familiarised with the FoP and experience a competition atmosphere prior to the event. Details will be included in the published schedule.

MEGOC may wish to test certain elements of its operations, such as access control, march-in, presentation and march-out during podium training.

Gymnasts will be required to pass through the Broadcast Mixed Zone at the end of their session to aid familiarisation with the Athlete pathway.



## 4.1.6. Apparatus Control

All gymnastics apparatus will be presented in accordance with current FIG Apparatus Norms. The UEG Technical Delegate and UEG TC Representatives will be invited to witness these controls and make appropriate checks.

## 4.2. Competition Procedures

### 4.2.1. Warm-Up

All training and competition will take place according to a detailed training schedule.

Warm-up Area for Trampoline Gymnastics will be located on the Training Site. Gymnast's pre-competition and final warm-up will be done there.

### 4.2.2. Call to the FoP

Gymnasts must finish their allocated training in the Warm-up Area on the Training Site few minutes before the start of their competition. Then they are requested to move into place in order for their march-in to FoP.

Clothing and equipment compliance checks and final accreditation checks will take place at this time. Then Gymnasts will be asked to give all required accreditations, bags and equipment to their Coaches to carry on to FoP. When assembled, Gymnasts will be accompanied to the corridor leading to the entrance of FoP.

### 4.2.3. FoP Access

Aside from members of the UEG Representatives, Technical Officials, MEGOC Staff and members of the Media with separate accreditations, access to the FoP will be limited to the Gymnasts and Team Officials who are taking part in the competition at the time.

The number of persons who will have access to the FoP will be strictly limited in accordance with the FIG and UEG Technical Regulations and Accreditation Rules. All persons seeking access to the FoP must have an EGIAC.

### 4.2.4. Sequence of Competitions

In the Trampoline Gymnastics Individual Qualification, the gymnasts will be divided into groups. Each group performs their first and second routines before the next group starts.

Trampoline Gymnastics Finals will alternate with Aerobic Gymnastics. Trampoline Men's Synchronised Final will run before Mixed Pairs Finals and Women's Individual Final will run after Mixed Pairs Finals. Trampoline Women's Synchronised Final will run before AER Groups Finals and Men's Individual Final will run after AER Groups Finals.

Immediately prior to the Qualification and the Finals each Gymnast or Pair will be allowed (max) 30 seconds warm-up on the competition apparatus.

After competition, Gymnasts are asked to take their allocated seat on the FoP until the Group or Final is finished.

#### 4.2.5. Withdrawals

For the withdrawals of Gymnasts or Pairs the Withdrawal form should be submitted to SID. If a Gymnast has to withdraw from the Final, because of injury or illness, the next placed Gymnast from the Qualification will be allowed to start in the Final. These changes have to be announced at least 1 (one) hour prior to the start of the Final.

#### 4.2.6. Conduct on FoP

In line with the FIG Technical Regulations, in the event of unsportsmanlike conduct by any competitor or official, the President of Superior Jury will issue a warning. They will inform the Team Leader at the end of the round about any warning.

In the event of repeated misconduct, the President of Superior Jury may order the expulsion of the offender from the Competition Hall for the remainder of the competition. An incident resulting in expulsion must be reported to the Secretary General and to the offender's NOC and national federation. Further action may be taken as deemed necessary by the Executive Committee or Disciplinary Commission. Dressing and undressing during competition and warm-up periods in the designated Competition Hall is judged as an unsportsmanlike gesture and may result in disqualification of the Gymnast from the competition.

#### 4.2.7. Communication Devices

The use of mobile phones and other electronic devices on the floor for communication and taking the photos and videos are strictly prohibited during competition.

#### 4.2.8. Accredited Team Seating

Non-competing, same-sport Athletes and Team Officials will have access to the accredited seating area in the seating bowl. Please note that space may be limited during certain times of the competition, and seating is available on a 'first-come, first-served' basis. Athletes and Team Officials are strictly prohibited from sitting in any other ticketed seat unless authorised to do so by a member of MEGOC. Accreditation must be worn at all times in this area. Gymnasts and support Staff who wish to watch the Trampoline Gymnastics Events may do so as a same-sport Athlete and do not require a spectator ticket.

## 4.3. Post-Competition Procedures

### 4.3.1. Leaving the FoP

Gymnasts will go to the kiss and cry area after their routine. During the qualification stage, they will move to FoP Athlete seating area and at the end of the session than leave the FoP via the Broadcast Mixed Zone.

During the final stage, non-medallists will march off the first, followed by the medallists.

Coaches should make their way to the anti-doping notification point at the exit of the FoP once the Gymnasts have been escorted from the Athlete seating on FoP.

### 4.3.2. Doping Control

Athletes selected for Doping Control will be notified in person and escorted to the DCS by a Doping Control Chaperone as soon as possible after the former have finished competing. It is the responsibility of the Athlete to remain under continuous observation of the Doping Control Chaperone after notification. For details of the Doping Control Programme, please refer to paragraph 1.12.

### 4.3.3. Broadcast Mixed Zone and I-Zone

All Competition Venues will include a Broadcast Mixed Zone for broadcast media and an I-Zone for written press. After the competition or Medal Ceremony, all Athletes must pass through the Broadcast Mixed Zone as they leave the FoP, but are not obliged to speak. Team Coaches who are normally positioned on the FoP may also be asked to pass through the Broadcast Mixed Zone for interview possibilities.

After passing through the Broadcast Mixed Zone, Athletes will be free to return to the changing room or go to Medical/Doping procedures unless they are requested for the I-Zone interviews.

Press wanting to interview someone in the I-Zone would make a request to Press Operations who will accompany the Athlete from the Broadcast Mixed Zone to the I-Zone.

By default, all Gold medallists and all Belarusian Athletes will be accompanied to the I-Zone for interviews. Press Attaches, doping control officers and LANS Team members will be able to accompany Athletes into the I-Zone, if needed. I-Zone will end operations about 45 minutes after the competition ends.

The News Service team will also proactively request Athletes to come to the I-Zone in order to introduce interesting story angles to the media. Once in the I-Zone, the Athlete would be interviewed by the member of the press who requested the interview.

There will be no time limit on the length of the interview (within reason) and there will be no guarantee that it would be exclusive, meaning one or two journalists might want to interview the same Athlete.

The I-Zone will be managed by Press Operations to help facilitate introductions or questions, and ensure the I-Zone remains an informal area and that no media "scrum" is created.

#### 4.3.4. Results Distribution

Competition-related information for all sports, including results reports, will be available on the Games-time website [www.minsk2019.by](http://www.minsk2019.by).

Delivery of printed results information is available only at Competition Venues and to time-critical services. Selected reports will be available for collection from SID at the Venue and SIC in AVL.

After the completion of all competitions, all results will be compiled in PDF files and will be available for downloading from the [www.minsk2019.by](http://www.minsk2019.by).

#### 4.3.5. Medal Ceremonies

All Medal Ceremonies at MINSK 2019 will occur on or next to the FoP. Before each Medal Ceremony all the medallists are gathered in the waiting area accompanied by volunteers (people responsible for each kind of sport assigned by Competition Managers). Medal Ceremony Staff will be on hand to advise and guide all Athletes before, during and after their Medal Ceremony.

All announcements for the Medal Ceremony will be made in two languages – English and Belarusian.

Athletes taking part in Medal Ceremonies must adhere to the MINSK 2019 Rules and Regulations that pertain to dress and conduct. All Athletes will be required to wear their official NOC tracksuit throughout the Medal Ceremony.

It is the responsibility of each Athlete/Coach to ensure that the Athlete has their full tracksuit with them and that it is ready to be worn at the Venue in time for the start of the Medal Ceremony. Failure to adhere to this rule may result in the delay or postponement of the Medal Ceremony.

Medal Ceremony Staff will lead Athletes to the podium for the Medal Ceremony and advise them with regard to the procedures that the Athletes will need to follow.

Flags, signs, mobile phones, cameras, electronic devices, bottles, items of sport equipment, items with political statements, sunglasses, headdresses and EGIAC will not be allowed on the podium. If any Athlete is in possession of any of these items, the latter be handed in to the Medal Ceremonies Manager for the duration of the Ceremony.

Similarly, if any items are thrown to Athletes while they are on the FoP and/or the podium, the Athlete must pass them to their Medal Ceremony Staff for the Medal Ceremony. Failure to comply with these rules may result in disqualification.

During the Medal Ceremony, in addition to the medals, MEGOC plans to present the winning Athletes with a bouquet of flowers.

Gold Medallists can ask other medal winners to join them to share the joy of victory and take a picture together.

After the Medal Ceremony has finished, Athletes will be asked to move to a second location in order to provide the media with additional photography opportunities. This will take no more than one minute. After all photographs have been taken, Medal Ceremony Staff will lead the Athletes to the Broadcast Mixed Zone.

If any Athlete is chosen for Doping Control, he/she will be escorted through the Broadcast Mixed Zone by a doping control officer or Doping Control Chaperone and will then be chaperoned to the DCS.

Medals will be awarded in each event of the competition as follows:

- 1st place: gold gilt medal,
- 2nd place: silver gilt medal,
- 3rd place: bronze gilt medal.

Diplomas for the Athletes ranked from 1st to 6th will be given to the Chefs de Mission in NOC Services Centre in AVL.

## 5. TRAINING INFORMATION

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## 5.1. Key Information

Trainings for Trampoline Gymnastics Events (as for all Gymnastics Disciplines) will take place on the Training Site at the Skating Stadium adjacent to MINSK Arena. The Training Site will be open for Trampoline Gymnastics trainings from 22 to 25 June 2019.

All equipment on the Training Site will be approved by UEG and will comply with the FIG Apparatus Norms and the MINSK 2019 Advertising, Demonstrations and Propaganda Guidelines.

## 5.2. Training Venue Access

For detailed information on venue access, please refer to Appendix 2 and paragraph 2.2.

## 5.3. Travelling between the Venues

The Training Site and the Competition Venue are located next to each other. All movement between the Venues will be on foot through the underground passage way.

## 5.4. Training Regulations

Gymnasts should respect their training sessions and those of other Gymnasts and groups. Sessions may not be changed and no additional sessions will be available.

## 5.5. Media Access

Trampoline Gymnastics trainings will be always open to media. NOCs or the UEG can not request closure of training. Broadcast Mixed Zone or press tribunes can be used for viewing.

Photographers are allowed to be present near the media line inside the Training Site.

## 5.6. Training Facilities

- **Athlete's Changing Rooms**  
Athlete's Changing rooms will be provided on the Training Site at the Skating Stadium adjacent to MINSK Arena.
- **Lost and Found**  
All reports of lost items should be directed to an on-site MEGOC representative who will be able to provide assistance.
- **Medical Facilities**  
Limited services will be available at Training Sites, with enhanced services for the sports requiring specialised care.

## 6. THE GAMES AND MINSK

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## 6.1. Accreditation

MEGOC issues an EGIAC to every official participant of MINSK 2019. The EGIAC establishes the identity of its user and allows access to MINSK 2019 venues according to the participant's role.

Before validation an EGIAC is referred to as a PVC. All NOCs will get PVCs for their delegation from MEGOC after DRP conference calls. Participants must present acceptable identification documents and PVCs at MINSK 2019 Accreditation Centres to validate the PVC.

All participants of MINSK 2019 must provide a valid original Identification Document (passport or another substituting document for traveling abroad) as follows:

- All accredited members have to travel with IDs (passports or other documents valid for travelling) valid three months beyond the length of stay.
- The Identification Document must be the same that was used to register on MINSK 2019 Online Accreditation Platform.

The accredited participants will be eligible to multiple entries from 25 May 2019 to 10 July 2019.

### 6.1.1. Accreditation Facilities

PVCs validation will be available at MINSK 2019 Accreditation Centres.

National Airport Minsk (MSQ) will be the main port of entry to Belarus. Athletes, Coaches, and other Team Officials (all individuals with an "A" accreditation categories including "Aa", "Ac" and "Ao") coming by plane will be able to validate their accreditation at MSQ Accreditation Centre. AVL residents with accreditation categories other than "A" and individuals with an "A" accreditation categories coming by train or bus have to validate their PVCs in AVL Accreditation Centre.

NOC category participants who will not be accommodated in AVL have to validate their PVC upon arrival at the Accreditation Centre at the EOC Family Hotel.

Other accreditation categories will be able to validate their PVCs at the Uniform Distribution and Accreditation Centre (UDAC).

In order to validate PVCs participants must bring them along with IDs that were used during accreditation process at MINSK 2019 Online Accreditation Platform.

Moreover, all Competition Venues will offer Venue Accreditation Help Offices (VAHOs) to solve possible accreditation issues (damaged, stolen cards, etc.) and consultations.

The table below summarises available accreditation facilities and Client Groups they serve:

Accreditation Facilities			
Facility	Dates and Time of Operation	Client Group	Service
MSQ	25 May – 30 June 2019 (24 hours a day)	All	Card validation, card replacement, issue resolution
AVL	From 07:00 on 15 June until 23:59 on 2 July 2019 (24 hours a day)	NOCs	
Minsk Marriott Hotel (EFH)	18 June – 30 June 2019 (07:00 – 22:00)	EOC Family	
VAHOs	Operates 2.5 hours prior to competition / training until end of competition / training (may vary by location and day). Please check exact opening hours on site at each VAHO	All	Card replacement, issue resolution

### 6.1.2. Accreditation Codes

Venue codes and pictograms printed on the EGIAC front side indicate access to Competition and Non-Competition Venue. A full description of the codes is available on the reverse side of the card.

Venue zone access rights are indicated on the EGIAC with colour and alphanumeric codes.

The following zones are used at MINSK 2019:

AVL Codes	
Zone Code	Description
AVL	Athletes' Village
R	Residential Zone

Venue Zone Codes	
Zone Code	Description
Blue	FoP, Operational Areas, General Circulation Areas
Red	Operational Areas, General Circulation Areas
White	General Circulation Areas
2	Athlete Preparation Area
5	Press and Broadcast Area
6	EOC Family Area

### 6.1.3. Lost, Stolen or Damaged Accreditation

MINSK 2019 Accreditation team must be immediately informed if any EGIACs are lost, stolen or damaged. A new card will be issued on presentation of a request for accreditation card replacement from the NOC.

## 6.2. Transport

MINSK 2019 Clients Transport Systems' mission is to deliver effective, reliable and efficient transportation services to Athletes, Team Officials and EOC Family members.

Transport services will be delivered by three (3) systems that will have access to the Games Route Network (GRN) in order to minimise travel times:

- T-A Transport System;
- T-All Transport System;
- T-X Transport System.

Please note that full details of transport services at the Games, including timetables and schedules, will be made available to Athletes and Team Officials at the Transport Desk in the NOC Services Centre.

### 6.2.1. Games Route Network (GRN)

Venues, AVL and MINSK 2019 Officials Accommodation Sites are situated along the routes of four (4) Games transport corridors, i.e. city transport thoroughfares forming GRN together with the Minsk Ring Road (MKAD) and out-of-town highways.

The key principles of the GRN operation are:

- Special traffic management schemes and traffic lights coordination;
- Accident/incident detection and management;
- Special signage;
- Traffic cameras and continuous police monitoring.

### 6.2.2. Athletes' Transport System (T-A)

During MINSK 2019, the T-A system will offer an exclusive, secure and dedicated service for Athletes and Team Officials throughout the Games. T-A system privileges are available to "Aa/Ac/Ao" accredited persons.

Accreditation must be displayed at all times to use the services.

Services will run on a regular frequency basis or in accordance with schedules published at the Transport Desk in the NOC Services Centre for:

- Arrivals from MSQ to AVL (peak and off-peak frequency based on Arrivals and Departures System (ADS) data);
- Departures to MSQ from AVL

During the Games, any changes to arrival and departure plans are to be submitted to the Arrivals and Departures Desk at the NOC Services Centre, via the ADS website or by telephone.

AVL Transport Mall is located next to AVL to provide Athletes and Team Officials with direct access to its services.

### 6.2.3. T-All Transport System

The T-All Transport System will provide select accredited clients groups with a variety of transport services throughout all phases of the Games. The client groups entitled to access this service are Media, Technical Officials, Technical Delegates, Athletes, Team Officials, EOC Family and their accredited guests.

T-All Services are as follows:

- Arrivals and Departures;
- Hub Bus services from Central Hub along MINSK 2019 transport corridors. These services will be running during the day, on a 20-hour basis;
- Limited scheduled/direct shuttles from/to select accommodations and Competition Venues synchronised with morning and evening shifts of ISB and rights-holding broadcasters;
- Local shuttles from the ITOs/TDs hotels directly to their respective venues and back, synchronised with their respective shift requirements;

- Transport for Opening and Closing Ceremonies for ITOs/TDs, EOC Family, Media.

Technical Delegates are granted the T-X privilege but are still entitled to use the T-All services as well.

Transport provided for other competition-related events will include:

- Official meetings;
- Draws;
- Technical meetings;
- Venue familiarisation;
- Weigh-ins

#### 6.2.4. MINSK 2019 Taxi Services (T-X)

T-X Transport System will Cater to Ministers of Sport, EOC Family including NOC Presidents and Secretaries General, Chiefs de Mission, EF Presidents and Secretary General, WADA representatives by offering on demand service at the EOC Family Hotel (EFH) and Dignitaries Hotel (DH), competition venues and AVL on a 18-hour basis daily.

#### 6.2.5. MINSK 2019 Public Transport System

Free access to the MINSK 2019 Public Transport System (metro, city rail, bus, trolleybus and tram lines) will be granted to all accredited Games participants. Operating hours of the Public Transport System will be extended during the Games.

#### 6.2.6. Spectating Athletes

Spectating Athletes of the same sport can use regular scheduled Coaches from/to AVL and each respective venue. Different-sport spectating Athletes must use the T-All system.

#### 6.2.7. Opening and Closing Ceremonies

Athletes and Team Officials will be transported to/from the DINAMO Stadium exclusively and only with Coaches from/to AVL for the Opening and Closing ceremonies. No direct transport service will be offered from the DINAMO Stadium to the MSQ on the night of the Closing Ceremony.

### 6.3. Security

The Government of the Republic of Belarus is responsible for all aspects of safety and security for MINSK 2019. The Government Security Authorities

(GSA) will ensure that all appropriate and necessary security measures throughout planning and operational delivery are implemented to ensure safe and peaceful celebration of MINSK 2019.

The Security, Border Control and Custom Subcommittee of the Republican Organising Committee (SBCCS) is assigned as a dedicated Venue Security Coordinator for the coordination of protective security arrangements in AVL and designated Competition and Non-Competition Venues.

### 6.3.1. Security in AVL

AVL and its residents will be granted the highest level of protection. Access to AVL will be granted to accredited client groups with designated AVL accreditation rights and authorised guests. Accreditation will be authenticated by GSA security personnel.

All AVL residents, accredited client groups, guests and their personal belongings will be subject to security screening prior to entering AVL. All deliveries of goods and materials as well as vehicles will be subject to security screening after the Venue lockdown and start of security operations.

AVL will be protected by a perimeter security fence and provided with additional protective security measures, security lighting and electronic security systems including Closed Circuit Television (CCTV) surveillance. Security screening items/measures will include but are not limited to:

- Walk-through metal detectors (“mags”);
- Portable metal detectors;
- X-ray screening and other technical security measures.

### 6.3.2. Security at Competition Venues and Training Sites

A risk-based approach will be applied by the GSA agencies to determine protective security arrangements for Competition Venues and Training Sites.

Access to Competition Venues will be restricted to appropriately accredited and ticketed individuals who will be subject to accreditation / ticket authentication and security screening at Pedestrian Screening Areas (PSA) prior to entry.

Any vehicle and its occupants (including delivery vehicles) seeking for drop-off or enter the secure perimeter of a Venue will be subject to security screening of the appropriate level at the Vehicle Screening Area (VSA).

### 6.3.3. Security in Transit

MEGOC in cooperation with the GSA agencies will implement a security plan to ensure the appropriate level of security to Athletes Teams and their equipment whilst in transit from AVL to venues via GRN.

The principle of bubble-to-bubble (“B2B”) T-A system bus operation / circulation will be implemented to facilitate secure transportation from AVL to competition venues and training sites and back.

Athletes and Officials travelling via the T-A system will be subject to reduced security screening requirements on arrival at Competition Venues and Training Sites (with consideration to the assigned lower-risk profile of NOCs).

Upon return to AVL all Athletes and Officials are subject to an accreditation check and security screening prior to entering AVL.

This policy also applies to NOC vehicles and their occupants seeking to drop off or park within the secure perimeter of AVL.

### 6.3.4. Prohibited and Restricted Items

List of MINSK 2019 prohibited items:

- Explosive devices and materials;
- Firearms, ammunition and any kind of toy guns;
- Knives;
- Incendiary devices;
- Hazardous substances (e.g., chemicals, irritants and gases);
- Fireworks and pyrotechnics;
- Laser pointers;
- Personal protection sprays (e.g., “pepper spray”);
- Offensive implements, i.e. anything that is made or adapted to cause injury to a person;
- Illegal drugs including performance enhancing drugs.

Please note that any NOC delegation members and other AVL residents are not permitted to bring any alcohol liquids and foods into the residential areas.

Security policy for prohibited items will be issued separately and made available to NOCs.

### 6.3.5. Exceptions

Emergency services and certain accredited personnel, including workforce, will be permitted to use items as required by their accreditation in order to enable them to carry out their functions.

### 6.3.6. Tools of the Trade

Tools of the Trade include requirements for people bringing items under the prohibited items policy into the Venues, but are required by staff of certain categories to undertake their job. Athletes, Team Officials and Technical Officials are permitted to carry a reasonable amount of liquids, aerosols and gels.

### 6.3.7. Requests for Emergency Assistance

Details of emergency phone numbers to use within AVL will be issued in the welcome pack and displayed in all common areas.

## 6.4. MINSK 2019 Overview

The European Games are a multi-sport event for Athletes from the National Olympic Committees of Europe and that are held every four years. The Games are owned, co-organised, and regulated by EOC.

The European Games were inaugurated at the EOC General Assembly on 8 December 2012 in Rome, Italy.

The right to host the 2nd European Games was awarded to the city of Minsk (Belarus) at the meeting of the General Assembly of the EOC on 21 October 2016.

The Republican Organising Committee (ROC) was established by a Decree of the President of the Republic of Belarus on 9 January 2017. ROC is chaired by the Prime Minister of the Republic of Belarus Sergei Rumas.

Following the Decree of the President of the Republic of Belarus dated on MEGOC was established. The leadership of MEGOC is provided by the CEO George Katulin who is also NOC Belarus Secretary General.

More than 4,000 Athletes

More than 2,000 Team Officials

15 Sports / 23 Disciplines (19 Olympic Disciplines / 4 Non-Olympic Disciplines  
– Acrobatic Gymnastics, Aerobic Gymnastics, Beach Soccer, Sambo)

200 Medal Events

10 Days of Competition

15 Competition Venues

9 Sports are Part of the "Road to Tokyo 2020" Qualification

Opening Ceremony: 21 June 2019

Closing Ceremony: 30 June 2019



## 6.4.1. Competition Venues

200 Medal Events that make up the Sport Programme at MINSK 2019 will be held at 15 Competition Venues.

15 Competition Venues and sports featured at each of the venue are listed in Appendix 3 and the table below.

Sport / Discipline	Competition Venue
Archery	Olympic Sports Complex
Athletics	DINAMO Stadium
Badminton	FALCON Club
3x3 Basketball	PALOVA Arena
Beach Soccer	Olympic Sports Complex
Boxing	Sports Palace URUCHIE
Canoe Sprint	Regatta Course ZASLAVL
Cycling – Road	Minsk City Centre
Cycling – Track	MINSK Arena Velodrome
Gymnastics – Acrobatic	MINSK Arena
Gymnastics – Aerobic	MINSK Arena
Gymnastics – Artistic	MINSK Arena
Gymnastics – Rhythmic	MINSK Arena
Gymnastics – Trampoline	MINSK Arena
Judo	CHIZHOVKA Arena
Karate	CHIZHOVKA Arena
Sambo	Sports Palace
Shooting – Rifle & Pistol	Shooting Centre
Shooting – Shotgun	Sporting Club
Table Tennis	Tennis Olympic Centre
Wrestling – Greco-Roman, Freestyle, Women's	Sports Palace

## 6.5. The City of Minsk

### 6.5.1. Shopping

The official merchandise stores will operate at all sports venues, in AVL and the official fan-zones during the Games time providing with the large variety of licensed goods such as official mascots, backpacks, clothing, stationery, keychains, magnets and many other items. The official merchandise megastore will be located in the major fan-zone near the Sports Palace (Nemiga Metro Minsk station).

For those who wish to keep nice memories of their stay in Belarus, there are several options to explore. First, consider original Belarusian hand-made souvenirs and classic handicraft items such as wooden jewellery boxes, ceramics, woven straw items, embroidery and knitted products.

Second, what about some chocolate?

Kommunarka and Spartak are the two brands that produce a range of chocolates and sweets of exceptional quality popular among both Belarusians and foreign visitors.

Another option is to combine shopping and entertainment. For instance, you could stop by Galleria Minsk, one of the largest malls in Belarus located in the very heart of the historic and cultural part of Minsk. It offers a mix of stores, restaurants and areas with exhibitions and workshops to its visitors.

Among other major shopping and entertainment centres are Arena City, Stolitsa, Dana Mall and Zamok Shopping Mall. They offer a large selection of clothing and accessories as well as a wide range of jewellery, cosmetics, perfumes, etc. Shopping malls with global brand franchises are Arena City (Pobeditelei Avenue, 84), Stolitsa (Nezavisimosti Square), Dana Mall (Mstislavca Street, 11), Galleria Minsk (Pobeditelei Avenue, 9).

### 6.5.2. Cafe Culture, Music and Dining

The food industry in Minsk is developing rapidly. Minsk is full of places where you can try authentic Belarusian dishes, European and Asian cuisine – ranging from top-notch restaurants to casual cafés styled as Belarusian huts.

If you enjoy live music, you can often encounter buskers playing right in the streets of the old town.

Some cafés feature live music in the evenings. Most cafés are located in the centre of Minsk.

### 6.5.3. Belarusian Cuisine

Belarusian national cuisine goes several centuries back. The Belarusian culinary tradition is a blend of simpler recipes and the sophisticated cuisine of the noble. It uses local ingredients and incorporates unusual ways of cooking.

Old Belarusian recipes have survived to the present day and people visiting the country show an increased interest in them.

Culinary traditions of Belarusians lie in simplicity of national recipes, various local products and unusual ways of preparation.

### 6.5.4. Theatres

There are more than 30 theatres in Minsk. The most frequently visited and well-known ones are the National Academic Bolshoi Opera and Ballet Theatre, Janka Kupala National Theatre, State Russian Drama Theatre and Belarus State Academic Musical Theatre.

### 6.5.5. Nightlife

The Minsk party scene is conveniently centred in the heart of the Old Town. To get a glimpse of the nightlife with its bars, live-music venues and nightclubs visitors should go straight to Zybetskaya Street that transforms into a giant street party on summer weekend nights.

Minsk visitor can enjoy lively bars and clubs to have some fun at night. Food and drinks are reasonably priced. Bars, clubs and discos are open till late in the morning, especially during weekends. Zybetskaya Street is the most famous street of night bars, clubs and discos.

### 6.5.6. Museums and Exhibitions

There are more than 20 museums in Minsk. The Belarusian Great Patriotic War Museum is among the most notable and visited ones. Founded in 1943, it moved into a new modern building in 2014. This museum has several multimedia complexes (plasma screens and installations), 10 exposition halls and the Victory hall.

The National Art Museum of the Republic of Belarus is also worth exploring. More than 27,000 works of art are exhibited at the branches of the Museum and its depositories.

The National Historical Museum of the Republic of Belarus has the biggest collection of artefacts from ancient times to present day. Around 370,000 exhibit items represent the material and spiritual culture of the Belarusian people.

## 6.6. Useful Information

### 6.6.1. Banks and Bank Cards

There are multiple ATMs around the city, most of which accept international debit and credit cards. Depending on your account-holding bank, there may be limits on the amount of cash you are able to withdraw in one day.

Large bank branches are open Monday through Saturday, but closed on Sundays. Smaller branches are closed on Saturdays and Sundays.

International credit and debit cards are accepted in most restaurants and large shops.

### 6.6.2. Currency

The currency of Belarus is the Belarusian Ruble (BYN).

One hundred coins equals one ruble and ruble notes come in 5, 10, 20, 50, 100, 200 and 500 denominations.

It is impossible to buy Belarusian rubles in the majority of European countries, so visitors will need to use the foreign exchange desk at the arrivals hall in the MSQ or withdraw money from ATMs around the city.

For general information about the official exchange rates and internal monetary policy, please visit the official website of the National Bank of the Republic of Belarus at [www.nbrb.by/engl/](http://www.nbrb.by/engl/).

### 6.6.3. Electricity

The standard voltage in Belarus is 220V.

Electrical equipment and appliances are equipped with standard European 220-240V two-pin plugs.

### 6.6.4. Gratuities and Tipping

Tipping is not required in Minsk, although it is common. Occasionally, the service charge is included in the bill. Like anywhere in the world, tipping for above-average service will be appreciated.

### 6.6.5. Language

Belarusian and Russian are the official languages of Belarus. English is the official language of MINSK 2019.

### 6.6.6. Opening Hours

Office hours are 09:00 to 18:00, Monday through Friday.

Banking hours are 09:00 to 18:00, Monday through Friday.

Shops generally open around 09:30 or 10:00 and close around 20:00 – 22:00.

Shops are open seven days a week.

### 6.6.7. Smoking

Smoking is permitted in designated smoking areas.

During MINSK 2019 smokers will be advised to use designated smoking areas away from the public/workforce domains at all venues. There will be stub bins for cigarettes that will be cleaned regularly.

Smoking at venue premises will be discouraged.

In line with public health advice and for avoidance of doubt, e-cigarettes and other smoking devices may not be used anywhere besides the dedicated smoking areas. Tobacco will not be sold at any venue.

### 6.6.8. Taxes (VAT)

VAT in Belarus is similar to that in most European VAT systems, with tax levied on most goods and services. In 2013, Tax Free system that helps foreign nationals get back the VAT on the purchases made in Belarus was introduced.

If you live inside the Eurasian Economic Union, you will not be able to use the Tax Free service. At present, the customs union of the Eurasian Economic Union includes Belarus, Russia, Kazakhstan, Armenia and Kyrgyzstan.

Over 360 shops support to the Tax Free system in Belarus. Buyers get 12.5% of their money back.

### 6.6.9. Telephones

The country code for Belarus is +375 and the city code for Minsk is 17.

Belarusian mobile phone numbers have 12 digits and most mobile numbers start with +375 29, +375 44, +375 33 or +375 25. All 12 digits must be dialled for calls within Belarus. For example: +375 29 XXX XX XX.

### 6.6.10. Time Zone

Location: Minsk (Belarus)

Time Zone: MSK

UTC Offset: UTC+3 hours.

## 6.6.11. Tourist information

For more information on Belarus, its sights and culture please visit the following websites:

<http://visit-belarus.com/en/information-about-belarus/>

<http://www.belarus.by/en>

<http://minsktourism.by/en/>

**TRAINING SESSION & EVENT COMPETITION  
SCHEDULE**

**Appendix 1**

by Sport – High Level

Version: 1.1

**Day 2**

Training Day – Saturday, 22 June 2019

TRA	Gymnastics – Trampoline	MINSK Arena Skating Stadium	MINSK Arena FOP
Time	Training	Trampoline	
09:00-19:00	Training Session Allocation	1-8	

**Day 3**

Training Day – Sunday, 23 June 2019

TRA	Gymnastics – Trampoline	MINSK Arena Skating Stadium	MINSK Arena FOP
Time	Training	Trampoline	
09:00-19:00	Training Session Allocation	1-8	

## Day 4

Competition Day – Monday, 24 June 2019

TRA	Gymnastics – Trampoline	MINSK Arena Skating Stadium	MINSK Arena FOP
	Time	Training/Warm-Up	Trampoline
	Time	Training/Warm-Up	Trampoline
09:00-18:00	Free Training	Per Schedule	
	Time	Group	Group
09:00-10:00	Training Session/Podium	Women's Group 1	
10:00-11:00	Training Session/Podium	Women's Group 2	Women's Group 1
11:00-12:00	Training Session/Podium	Men's Synchronised	Women's Group 2
12:00-13:00	Training Session/Podium		Men's Synchronised
13:00-13:30	Podium Warm-Up		Women's Group 1
13:30-14:00	Podium Warm-Up		Women's Group 2
17:30-18:00	Podium Warm-Up		Men's Synchronised
	Time	Competition Phase	Warm-Up
	Time	Competition	Competition
Session TRA01	Start: 15:00 End: 16:50		
14:05-14:55	Individual Qualification	Women's Group 1	
15:00-15:55	Individual Qualification	Women's Group 2	Women's Group 1
15:55-16:50	Individual Qualification		Women's Group 2
Session TRA02	Start: 19:00 End: 20:55		
18:30-19:00	Final	Men's Synchronised	
19:00-19:30	Final		Men's Synchronised
19:30-20:00	Final	Women's Individual	
20:00-20:30	Final		Women's Individual
20:30	Medal Ceremony		Men's Synchronised
	Medal Ceremony		Women's Individual



## Day 5

Competition Day – Tuesday, 25 June 2019

TRA	Gymnastics – Trampoline	MINSK Arena Skating Stadium	MINSK Arena FOP
	Time	Training/Warm-Up	Trampoline
	Time	Training/Warm-Up	Trampoline
09:00-18:00	Free Training	Per Schedule	
	Time	Group	Group
09:00-10:00	Training Session/Podium	Men's Group 1	
10:00-11:00	Training Session/Podium	Men's Group 2	Men's Group 1
11:00-12:00	Training Session/Podium	Women's Synchronised	Men's Group 2
12:00-13:00	Training Session/Podium		Women's Synchronised
13:00-13:30	Podium Warm-Up		Men's Group 1
13:30-14:00	Podium Warm-Up		Men's Group 2
17:30-18:00	Podium Warm-Up		Women's Synchronised
	Time	Competition Phase	Warm-Up
	Time	Competition	Competition
Session TRA01	Start: 15:00 End: 16:50		
14:05-14:55	Individual Qualification	Men's Group 1	
15:00-15:55	Individual Qualification	Men's Group 2	Men's Group 1
15:55-16:50	Individual Qualification		Men's Group 2
Session TRA02	Start: 19:00 End: 20:55		
18:30-19:00	Final	Women's Synchronised	
19:00-19:30	Final		Women's Synchronised
19:30-20:00	Final	Men's Individual	
20:00-20:30	Final		Men's Individual
20:30	Medal Ceremony		Women's Synchronised
	Medal Ceremony		Men's Individual

**MINSK ARENA**

Capacity: 8,000 seats  
 Distance from AVL 13 km /  
 Travel Time 20 min



Gymnastics — Trampoline

**Appendix 2**

	Competition Venue
	Field of Play
	Training Site
	Fan Zone
	Security Perimeter
	Pedestrian Screening Area
	Vehicle Screening Area
	Emergency Vehicles
	Emergency Express Entry / Exit
	Access Control
	Entrance / Exit

0 25 50 100 150 m



# Appendix 3



## For notes

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## For notes

A series of horizontal dotted lines for writing notes, spanning the width of the page.

BRIGHT  
YEAR,  
BRIGHT  
YOU!

[www.minsk2019.by](http://www.minsk2019.by)